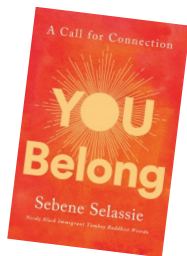


Transforming Health's *A Summer Read* Participant Survey

Did you read *You Belong: A Call for Connection* by Sebene Selassie? If so, complete this survey, and enter to win a copy of the signed book, and a VIP invitation to meet Sebene Selassie at a special event on October 11.



Using your smartphone's camera, scan the QR code to complete this survey online!



1. Which library do you use the most?

2. How did you learn about the program, "A Summer Read?"

Word of mouth

"A Summer Read" bookmark or poster

WITF

Library staff

Transforming Health website

Other (Please specify)

WellSpan Health

Capital Blue Cross

3. What did you learn from *You Belong* that you will or have applied in your life?

4. Sebene Selassie gives tips for meditation and journaling in her book as a form of self care. Which of these mindful strategies help you feel connected?

Yoga

Journaling

Art Therapy

Other (Please specify)

5. Are you feeling disconnected as a result of the COVID-19 pandemic? How has social distancing impacted your life?

6. What can your healthcare system do to make you feel like “You Belong?”

7. If you would like to be entered in the drawing, please complete the contact information below:

Name:

Address:

City/Town:

State: Zip:

Email: Phone:

Please return this form to your library or complete the survey at transforminghealth.org.

Using your smartphone's camera, scan the QR code to complete this survey online!



A Summer Read is a unique community partnership of WITF's *Transforming Health*, Central PA library systems, WellSpan Health and Capital Blue Cross.

