College Writing Strategies
Tuesdays March 3, and March 10 from 6:30 to 7:15 pm
Registration required
Writing for college can be challenging due to different expectations for different disciplines and instructors, as well as the detailed attention any excellent piece of writing demands. This 3-session workshop series on developing and practicing skills for college writing is offered by Dr. Kelly Whitcomb, who teaches first-year writing and offers workshops and one-on-one assistance with writing for students at a local college. We’ll discuss expectations for writing for different disciplines in college, as well as explore reliable resources and tools to use as references with college writing. Participants should plan to attend each of the three 45-minute sessions. Ages 16 and up.

Eating for the Earth: Making Earth-friendly Food and Drink Choices
Saturday, April 18 from 10:30 to 11:30 am
We won’t tell you to stop eating meat (unless that’s what you really want to do)! Interested in finding ways to improve your food and drink choices to preserve the earth and its resources? Come to the library for a discussion of manageable but important steps we can take as individuals to reduce our carbon footprint. Ages 13 and up. Registration required.

Food Allergies & Sensitivities
Friday, May 8 at 1:30 pm
Food allergies and sensitivities can be confusing. Weis Dietitian Emily can provide tips for shopping and food alternatives so you don’t feel restricted! No registration necessary.

CSA 101
Tuesday, March 24 at 6:30 pm
Meal kits and grocery delivery to your door have been trending upward in recent years. But did you know that you can do this TOTALLY LOCALLY through a subscription with your neighborhood farmer? Learn the basics of CSA (“community supported agriculture”) and the value and benefits of fresh farm produce, and help support farmers and farmland in your community! No registration necessary.

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Story Time and Craft hosted by Girl Scout Troops
Thursdays March 12 & April 19 at 6:30 pm
Registration required
Enjoy a fun story time and craft. Recommended for ages 3 to 8. Register by contacting the library at (717) 732-4274.

East Pennsboro Branch Library
HOLIDAY CLOSING
Monday, May 25 - Memorial Day

Check our website at eastpennsborobranch.org for all upcoming events and activities.
March

**Adult/Teen programs**
Call 717-732-4274 to register or for more information on any of these programs.

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**Healthy Eating on a Budget**
Friday, March 6 at 1:30 pm
Healthy Eating doesn't have to be expensive. Weis Dietitian Emily can help you get the biggest bang for your buck at the grocery store. No registration necessary.

**Spice Up Your Mealtimes:**
Easy and Healthy World Cuisines
Friday, March 20 from 1:30 to 2:15 pm
Spring can seem mundane as we wait for the spring harvest to arrive. Let's talk about healthy and easy ways to spice up our mealtimes with cuisines from around the world. Whether you like things mild or hot, with meat, seafood or vegetarian, there are plenty of tasty dishes that can add variety to your meals even if you're relying on frozen and canned vegetables. Ages 13 and up. Registration required.

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Children's programs
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**Spring Story Time with Mrs. B.**
Tuesdays March 3 through April 28 at 10 am or 11 am
Join Mrs. B for story times and activities at the library for children ages 2½ to K. Choose either the 10 (ages 2½ to K) or 11 am (ages 2½ to 3½ session). Sessions run about 30 minutes. Registration required.

**Storytime & Craft**
hosted by Girl Scout Troops
Thursday, March 12 from 6:30 to 7:30 pm
Enjoy a fun storytime and craft. Recommended for ages 3 to 8. Registration required.

**Mission Transition**
Wednesdays March 25, April 22, May 27 at 6:30 pm
Help your little one prepare for a lifetime of learning by participating in Fredricksen Library's Kindergarten readiness program. Registration for this school year is closed - Watch for info on next year's session in August.

April

**Adult/Teen programs**
Call 717-732-4274 to register or for more information on any of these programs.

**Spring Scavenger Hunt**
Wednesday, April 1 to Thursday, April 30
It's time for a Spring Scavenger Hunt in the Library! Get your scavenger hunt at the Circulation Desk starting on April 1, work at your own pace, and turn in your completed hunt by April 30 for a chance to win an Amazon gift card. All ages. No registration necessary.

**Healthy Snacks for Kids**
Wednesday, April 8 at 6:30 pm
Out of snack ideas for your kids? Weis Dietitian Emily has lots of ideas for healthy snacks kids are sure to love, even those picky eaters! No registration necessary.

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May

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**Seasonably Good: Strawberries**
Friday, May 15 from 1:30 to 2:15 pm
It’s strawberry season in Central PA, which means it’s time to talk about ways to prepare, use and preserve those berries. Whether you’re looking for ways to eat them fresh from your garden or the market or ways to freeze them for later, we’ve got ideas and suggestions. Ages 13 and up. Registration required.

**Children's programs**
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**Mission Transition**
Wednesday, May 27 at 6:30 pm
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We challenge you to read aloud 1000 Books Before Kindergarten to prepare your child for school. Register for the program at the library, pick up your reading log, start reading, and earn prizes along the way!