

FREDRICKSEN LIBRARY

MAY 2023

Cleve J. Fredricksen Library

100 N. 19th Street, Camp Hill, PA 17011 • 717-761-3900
Hours: Mon Tues Thu Fri 9-9, Wed 9-6, Sat & Sun 1-5

fredricksenlibrary.org

East Pennsboro Branch Library

98 S. Enola Drive, Enola, PA 17025 • 717-732-4274
Hours: Mon & Fri 11-4, Tues - Thu 10-8, Sat 10-2, Closed Sun

eastpennsborobranch.org

LIBRARY CLOSINGS

MONDAY, MAY 29 CLOSED

ADULT PROGRAMS

Ages 18+. For more details or to register go to fredricksenlibrary.org or call 761-3900 x 225.

EMBROIDERY WORKSHOP

WEDNESDAY, MAY 17, 1 - 3:30 PM

Did you know that early embroidery can be traced back to 30,000 B.C.? Join the Susquehanna Chapter of the Embroiderer's Guild of America and learn a little about the fascinating history of the craft as well as current trends. There's also an opportunity for participants to try their hand at a stitch or two. Anyone with an interest can join in the fun, even if you've never stitched before! Kits are provided. Registration required.

Shinrin-Yoku: A Nature Meditation Practice

WEDNESDAY, MAY 31, 1 - 2:30 PM

RAINDATE: MONDAY, JUNE 5

This Japanese practice, known as forest bathing is a relaxation technique to destress, calm the mind, and improve well-being. Presenter Justin Ferko, a certified forest bathing guide, will lead the workshop that includes a closing tea ceremony. Participants should be prepared for being outdoors. Registration required.

FRIENDS MINI-BOOK SALE

MAY 8 - 14

featuring Travel Books- Expand Your Mind & See the World Anew! All books are \$2.00 and the sale will take place during the library's open hours upstairs near the Circulation Desk.

BOOK CLUBS

For ALL Book Discussions: You must have read or listened to the book to attend. Ages 18 and older. Registration open.

MOVING FORWARD BOOK GROUP

WEDNESDAY, MAY 3, 1 - 2 PM

In cooperation with Hospice of Central PA, we will be reading books focusing on the redemptive power of the human spirit. You must have read or listened to the book to attend. 18 and older. Registration open.

What Just Happened: Notes on a Long Year by Charles Finch

Join us as we discuss Finch's book about 2020, his account of "one endless year with delightful commentary on current events and the things that distract him."

CURL UP WITH THE CLASSICS

TUESDAY, MAY 2, 10 - 11 AM

Join us as we discuss the Classics! You must have read or listened to the book to attend. Ages 18 and older, please. Registration for all sessions is open. This program is sponsored in memory of Marie Schleicher.

Light in August by William Faulkner

Join us as we discuss Faulkner's "novel set in the American South during Prohibition about hopeful perseverance in the face of mortality."

FREDRICKSEN READS

MONDAY, MAY 22, 7 - 8 PM

Join us for our Fredricksen Reads Book Discussions. You must have read or listened to the book to attend. Ages 18 and older. Registration open.

The Stolen Book of Evelyn Aubrey by Serena Burdick

Join us for this month's discussion of a novel about a "story of literary secrets, a family curse, and the lengths women will go to take charge of their future."

LANGUAGE AT THE LIBRARY

Language immersion conversation groups meet on a regular basis. Our expert leaders will guide you through conversation and culture of your chosen language. Some experience is necessary.

Italian via Zoom

2ND & 4TH THURSDAYS, 12:30 - 1:30 PM

Spanish - Beginner & Intermediate Conversation

1ST AND 3RD THURSDAYS, 10 - 11 AM

Spanish - Fluent Speakers Conversation

THURSDAYS, FROM 10 - 11 AM

French - All levels

THURSDAYS, FROM 1 - 2 PM

GENERAL PROGRAMMING

CPBB MONTHLY BLOOD DRIVE

FRIDAY, MAY 5, 10 AM - 5:30 PM

Come and donate in Fredricksen's lower parking lot (Walnut Street). We strongly suggest you schedule an appointment to donate blood. A form of ID is required to donate. Walk-ins are welcome; however, donors with appointments will be taken first and this may result in a significant wait time. If you have any questions about donating, call Central Pennsylvania Blood Bank at 1-800-771-0059 or visit www.cpbb.org.

LEISURE LEARNING

TUESDAY, MAY 2, 2 - 3 PM

Join us for a new daytime series for those who want to learn something new in the afternoon! No registration necessary.

Mesa Verde- A look at the history and beauty of the Ancient Puebloan cliff dwellings.

2023 Fredricksen Bike Raffle

Sponsored By



Secondary prize will be a bike helmet, also donated by Holmes.



Giant Escape 3 in Blue Ashes, Medium

March 20 - May 23

Tickets are \$5 each or 3/\$12

On sale at the Reference Desk

**\$550
VALUE!**

FREDRICKSEN WRITES

1ST AND 3RD MONDAYS, MAY 1 & 15, 7 - 8:30 PM
Come join us at this writer's group that provides aspiring writers a forum for their literary work and feedback from their peers in a respectful and friendly environment. This is a chance for you to grow in your craft and help others improve in the art of writing. The group meets the first and third Monday of most months. If you are not ready to share your writing, feel free to observe and listen or even offer your comments during one of our scheduled meetings. Space is limited; registration required.

THE WAR ROOM: MILITARY HISTORY ROUNDTABLE

TUESDAY, MAY 2, 6 - 8:30 PM
Come and join your fellow military history aficionados in a meaningful discussion about battles and other military events ranging from circa 1000 BCE up to recent military history. The three priorities for this group are having fun, learning new things, and hopefully developing new friendships. Registration suggested, but not required. Ages 16+.
May topic - Battle of Point Pleasant 1774

PEACEFUL POSES YOGA FOR ADULTS

FRIDAY, MAY 5, 9 AM
Join Ann Fields, founder of Peaceful Poses Kids Yoga, for an adult slow flow yoga class. This class will explore yoga poses, breathing techniques and ways to deal with stress and anxiety. This 45-minute class is open all levels and no experience is necessary. Please wear comfortable clothing and bring a water bottle and yoga mat.

PAINT WITH US

SATURDAY & SUNDAY, MAY 13 & 14, 1 - 3 PM
Enjoy step-by-step instruction with our experienced and enthusiastic instructor. You'll leave with a one-of-a-kind creation to enjoy! Cost: \$5 per person. All art materials supplied. Registration begins one month prior via telephone or in person at the library. Ages 18 & up.

MEDITATION TO CALM THE MIND

THURSDAYS 12 - 12:30 PM
Learn short, easy 15-minute meditations to calm the mind. Meditation is an ancient tool to calm anxiety, worry, depression, and more. Led by Buddhist nun, Kelsang Chondzin, a teacher and practitioner of almost 20 years, these meditations are suitable for people of any religion. Everyone is welcome! No registration necessary.

COMPUTER BASICS

WEDNESDAY, MAY 17, 11AM - 12 PM
Improve your basic computer skills. Use our laptops or bring your own! In this session, we will introduce the parts of the computer, identify, and use essential keys on the keyboard, and work on mouse skills.

DEVICE ADVICE

MAY 3, 4, & 18, 10 AM - 12 PM
Need hands-on help with your smartphone, tablet, laptop or e-reader? Trying to download an app or program and getting stuck? Interested in using Zoom or Skype but nervous about getting started? Want to use free library media resources like eBooks and audiobooks from Libby? Sign up for a thirty-minute Device Advice session for in person assistance. Bring your personal tablet, laptop, smartphone, or e-reader with you. Make sure you have all passwords you might need during the session.

INDIE & FOREIGN FILM FRIDAYS

MAY 12, 2 PM FOLLOWED BY DISCUSSION AT 4PM
Much like a book group, you will watch the film then join us for a moderated discussion. Watch the film at the library or watch it on your own. You must have watched the film to participate in discussion. Sponsored by Bill and Jane Murray
Lavender Hill Mob- Henry Holland (played by Alec Guinness), an overlooked gold transporter with twenty years of service, plots to steal a million pounds of gold. Comedy/General Audiences. This film is not rated. Registration suggested.

PHILOSOPHERS' ROUNDTABLE

2ND MONDAYS, MAY 8, 2 PM - 3:30 PM
This round table discussion will apply the Socratic Method to help delve into philosophical discussions and give you an opportunity to share your opinions in a neutral and respectful way without interruption. Each month the group will choose a philosophical issue and everyone attending will have the opportunity to learn and discuss with others in an open and respectful environment. What a great way to expand your mind and reach further with your thoughts! Ages 18 and up, please. Registration is suggested.

MASTER GARDENER PLANT CLINICS

TUESDAYS, MAY 2 - AUGUST 29, 6 - 7:30 PM
Do you have some unanswered gardening questions and don't know where to turn? The Master Gardeners from Penn State Extension will be there eagerly waiting to solve your gardening mysteries and help you to have the best garden possible! No registration necessary.

GENEALOGY CLUB

TUESDAY, MAY 23, 11 AM - 12 PM
Just starting your genealogy research and aren't sure where to begin? Have you hit a roadblock in your research and need help? Or do you just want to learn about different genealogical resources? Then Genealogy Club is for you! During each session, we will spend time working on our individual research and have the opportunity to bounce our family history questions off of other club members. Occasionally, there will be themed meetings where we will discuss and try out different genealogical resources. You will need to bring a computer for each session to work on your research and to access the different resources. Registration required.



BUSINESS & CAREER CENTER
@ Fredricksen

Looking for a career update, help with your resume, investment resources or small business support? The Business & Career Center @ Fredricksen offers workshops and sessions to help you succeed and meet your goals. Find out how the BCC can open paths to new opportunities!

BCC.FREDRICKSENLIBRARY.ORG TO REGISTER!

GUIDANCE SESSIONS

Resume Review, Career Support and Relevant Resources—choose this one-on-one session to receive feedback that encourages action to define & refine your goals. 30-minute appointments—morning, afternoon & evening times available. We can also offer any available (current or past) Business & Career Center workshop to be conducted in a Guidance Session.

INVESTMENT SERIES

COMMON INVESTMENT STRATEGIES

THURSDAY, MAY 4 AT 6:00 PM
You know you want to invest; you know it is critical for your long-term financial health, but, knowing what strategy to take to get started can be difficult. We will cover various strategies, including Dollar-Cost Averaging, Growth Investing, and others. We will also discuss common times to re-examine our strategies and how change them for our changing circumstances.

UPCOMING WORKSHOPS

GET THAT JOB!

TUESDAY MAY 2 AT 10:30 AM
Portray your best self to potential employers with through your resume, cover letter, interviews, social media, proper dress and communication. Bring your resume, cover letter, ideas and an open mind!

MANAGING TIME IN A 24/7 WORLD

TUESDAY, MAY 9 AT 10:30 AM
Learn how to keep time on your side with a variety of planning tips and tools.

KEEP IT TO YOURSELF: CONTROLLING YOUR SOCIAL MEDIA

TUESDAY, MAY 16 AT 10:30 AM
We'll discuss privacy settings and appropriate posts, and outline various platforms. We'll focus on Facebook to find the right privacy settings for you to keep your information available to only the people you choose.

ATTITUDE IS EVERYTHING: STAYING POSITIVE DURING TIMES OF CHANGE

TUESDAY, MAY 23 AT 10:30 AM
Learn how to frame your daily interactions, at work and home, with a positive outlook that will serve as a bridge to personal and professional success.

EXCEL BASICS

TUESDAY, MAY 30 AT 10:30 AM
Learn beginner-level skills or update your older version skills in Microsoft 2019 (using BCC laptops).

SMALL BUSINESS DEVELOPMENT WORKSHOPS

HOME-BASED BUSINESS ROUNDTABLE W/ SCORE

2ND TUESDAY OF THE MONTH, 12-1:30 PM, OR 4TH TUESDAY OF THE MONTH, 6-7:30 PM
Join other small business owners to network and share ideas to fine-tune best practices that support success.
As a resource partner of the U.S. Small Business Administration (SBA), SCORE (Service Corp of Retired Executives) has helped more than 11 million entrepreneurs through mentoring, workshops and educational resources since 1964.

SOLOPRENEUR ROUNDTABLE

FRIDAY, MAY 19, 12:00 PM
Come join our monthly roundtable discussion with other owners of small, local businesses (less than 5 employees) and offer one another valuable insight into and support with the unique challenges that solopreneurs face! This roundtable will occur monthly on Tuesday, March 21 at 5:30; Monday, April 17 at 10 am and Friday, May 19 at 12 noon. Please sign up for each; we look forward to growing this group with you in it!

TEEN PROGRAMS

Ages 13-18. Registration required.

Plot Twisters Teen Writers' Group

TUESDAY, MAY 9, 6 - 7:30 PM

Plot Twisters is open to writers of comics, manga, novels and poetry. This program is for teens ages 13-18. Registration is open.

Book Keepers Teen Book Club

THURSDAY, MAY 11, 6 - 8 PM

Our book club meets once a month to discuss a great YA or classic book. Copies of the book will be provided. This program is for teens ages 15-18. Registration is open.

Promise Boys by Nick Brooks - J.B., Ramão, and Trey, students of the Urban Promise Prep School, must follow the school's strict rules, but when their principal is murdered, the three boys must track down the real killer before they are arrested.

Teen STEAM Meetup

WEDNESDAY, MAY 3, 5 - 6 PM

Explore the sciences with awesome hands-on activities and STEAM crafts. This program is for teens ages 13-18. Registration is open.

Teen Advisory Group

THURSDAY, MAY 18, 7 - 7:45 PM

TAG is a service-oriented group of teens. TAG members help plan teen programs and perform service projects around the library. The group meets monthly via Zoom. The group will also meet in person for special library projects. This program is for teens ages 13-18. Registration is open.

TWEEN PROGRAMS

Ages 9-12. Registration required.

TWEEN S.T.E.A.M. Meetup

WEDNESDAY, MAY 17, 5 PM

Each month we meet up to explore the sciences through cool projects. This program is for tweens ages 9-12. Registration is required.

TWEEN LEGO Club

TUESDAY, MAY 23, 6 - 7:30 PM

SATURDAY, MAY 20, 3 - 4:30 PM

Meetup with other LEGO mega-fans. We have loads of bricks and specialty pieces so you can create amazing builds. Each session will also feature a special Challenge build. This program is for tweens ages 9-12. Registration is required.

TWEEN EPIC COMIC CLUB

THURSDAY, MAY 4, 6 - 7:00 PM

We are diving into the world of Dav Pilkey with our own chapter of his Epic Comic Club! At each meeting we'll work on our own comics - just like George and Harold, make crafts inspired by the books or watch an episode of Captain Underpants. This program is for tweens ages 9-12. Registration is required.

CHILDREN'S PROGRAMS

For more details or to register go to fredricksenlibrary.org or call 761-3900 x 229.

STORY TIMES

Storytime is a beloved tradition that helps set the foundation for the joy of reading.

Spring Baby & Toddler Storytime

MONDAYS AND WEDNESDAYS AT 10 AM

(No Storytime on May 8, 10, 15, 17, 29, and 31)

Storytime helps set the foundation for the joy of reading. Baby & toddler storytime engages participants with learning activities, books, songs, and movement. Ages 0-2. Registration required.

Spring Children's Storytime

MONDAYS AND WEDNESDAYS AT 11 AM

(No Storytime on May 8, 10, 15, 17, 29, and 31)

Storytime is a beloved tradition that cultivates and grows a joy of reading. Children's storytime engages participants with early learning activities with books, songs, and movement. Ages 2 and up. Registration required.

Disney Storytime

4th Thursday, May 25 from 9:30 - 10 am

We are taking our storytime and adding sparkle to it. Each month a Disney book will be selected and a coloring page or craft associated with that story will be available. These Disney Storytimes are also great times to dress up as your favorite character from the monthly story. Recommended ages 3-5. Registration required.

May - Toy Story

GENERAL PROGRAMMING

Library for Lunch

FRIDAY, MAY 19, 11 AM - 12:30 PM

Bring your preschooler (ages 4+) to Library for Lunch! This award-winning program was designed to help your child get ready for school by enjoying some learning activities and practicing having lunch at "school." Children should bring a bagged lunch, and the library will provide a sweet treat. This program is recommended for preschoolers ages 4 - 6, but younger and/or older siblings may attend. Please indicate number of attendees when registering. Registration is required.

May theme - Things that Go!

Library AFTER Lunch

Fridays, April 28, & May 19 from 1 pm - 2:30 pm

Bring your preschooler (ages 4+) to Library AFTER Lunch! We'll have learning activities and centers set up around the room for your preschooler (with your help) to play and practice their get-ready-for-school skills. This program is recommended for preschoolers ages 4 - 6, but younger and/or older siblings may attend. No registration required.

May theme - Things that Go!

American Girl Book Club

4TH TUESDAYS (MAY 23) FROM 6:30-7:30 PM

Each month we will read about an American Girl character, then meet to discuss each girl. During our meetings we will get to know each other and our favorite American Girls. Bring your American Girl or friend (Our Generation, etc.) doll with you to participate in activities. Recommended ages 8-12. Registration required.

Artist Reproduction Team (A.R.T.)

THURSDAY, MAY 18, 6 - 7 PM

Join us to learn the art technique used by our featured artist of the month. Miss Kayla will teach the technique, then you get to create your own art using that method. Bring your own inspiration and ideas! Recommended ages 8 - 12. Registration required.

Book Explorers

MONDAYS FROM 5:30 - 6:30 PM

Join us each week to explore a different book. We will read the story, then participate in crafts and activities that relate to the story. Recommended ages 3-6 years old. Registration required.

5/1- The Tiny Seed

5/8- Sprout Branches Out

5/15- Up, Down, & Around

5/22- Finders Keeper

Chess Club

FRIDAY, MAY 5 FROM 6:30-8:30 PM

Volunteers from the Harrisburg/West Shore Chess Club will be on hand to assist young chess players and match up competitors. Join us and have fun! Participants are asked to bring a chess set if possible, but not required. No registration required. Recommended ages 5 - 13.

Costume Day at the Library

THURSDAY, MAY 4, ALL DAY

Bring your little ones for a fun themed dress up day. Books matching the theme will be available for reading and checkout. Don't have a costume to wear matching our theme or have time to make one? Have your little one wear any costume they have or enjoy dress-up with our bin of masks and hats. All ages welcome. No registration required.

May - Wear Your Favorite Costume Day

Discovery Zone Fun!

All Year Long in the Children's Library

CRAFT CORNER, MONDAYS AT 10 AM

BLOCK PARTY, FRIDAYS FROM 10 AM- 4 PM

Bring your little ones to play with our developmental toys and take part in special activities during the mornings. All ages welcome.

Family Paint & Pix!

FRIDAY, MAY 19, 6 - 8 PM

Join us for a night of creativity and cinemas. Starting in September, Kid's Paint Night will be followed by a drop in family movie. Kids are invited to participate in a movie-based guided painting before the family film starts. Films will be rated G or PG.

Registration required.

Meet & Greet Library Pups

THURSDAYS, MAY 11, MAY 18, 10 - 11 AM

Come meet our favorite library pups, Calvin & Hobbes. Registered therapy team Mr. Gregg and Calvin & Hobbes offer children the opportunity to interact with dogs and build self-esteem. All ages welcome. No Registration Required.

Peaceful Poses Yoga StoryTime

FRIDAYS, MAY 5 FROM 10-10:45 AM

Yoga classes and story times are designed just for kids! Join Ann Fields for some mindful movement, deep breaths, and ways we can learn about our feelings. We read books, listen to music, and move our bodies. Recommended ages 2 1/2 - 5 years old. Registration required.

Read to Dogs

1ST & 3RD TUESDAYS, MAY 2 & MAY 16, 6:30-8 PM

Specially trained dogs from K-PETs will be at the library to listen to children read aloud. This program is helpful to children who may be shy or reluctant to read aloud and will encourage them to practice reading independently. For budding readers. Recommended ages 6 - 12. Registration required.

STEAM PROGRAMS

Family Crafternoons

4TH MONDAYS, MAY 22, 2 PM - 4 PM

Join us monthly for a family crafternoon. Learn to sew, use the crochit machine, make your own creation on our 3D Printer, and more. Limited to 12 individuals per time slot. Ages 8-18. Please include children and adults when making reservations.

Roots and Shoots Program

1ST MONDAYS, MAY 1 AT 6 PM

This program developed by Jane Goodall is a youth service program which helps empower young people to become leaders who build a better world. The mission of the program is to foster respect and compassion for all living things, to promote understanding of all cultures and beliefs, and to inspire each individual to take action to make the world a better place for people, other animals, and the environment. Ages 5-8. Registration required.

May - Grounds Stewards: Litter Pick-Up

(Parents will be required to stay.)

STEAM for Kids

TUESDAY, MAY 2, 1 PM

Join us for a STEAM program discovering various crafts, art, and artistic methods used around the world. Recommended ages 8-10 years old. Registration required. If you are unable to attend, please cancel your reservation through Eventbrite or call us to open your space to someone on the Waitlist.

May - Sand Art Mandalas

Blueberries for Books



ON-SALE
MAY 1 – JULY 5
10LB BOX OF FRESH BLUEBERRIES

MORE INFO



WEEKDAYS

9:30 AM - 11:30 AM

**Serving Cornerstone Coffeehouse
coffee, snacks and other goodies.**

DONATION STATION

FIRST SATURDAY OF THE MONTH, 1 - 3 PM

An easier way to donate your books and media!
Please park in the lower parking lot off Walnut St.
near the sidewalk. Donations all other times are
limited to one box or less at the Reference Desk
when open.

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100 N. 19th Street, Camp Hill, PA 17011

(717) 761-3900 fredricksenlibrary.org

MON: 9:00 am - 9:00 pm

TUE: 9:00 am - 9:00 pm

WED: 9:00 am - 6:00 pm

THU: 9:00 am - 9:00 pm

FRI: 9:00 am - 9:00 pm

SAT: 1:00 pm - 5:00 pm

SUN: 1:00 pm - 5:00 pm

East Pennsboro Branch Library

98 South Enola Drive, Enola, PA 17025

(717) 732-4274 eastpennsborobranch.org

MON: 11:00 am - 4:00 pm

TUE: 10:00 am - 8:00 pm

WED: 10:00 am - 8:00 pm

THU: 10:00 am - 8:00 pm

FRI: 11:00 am - 4:00 pm

SAT: 10:00 am - 2:00 pm

SUN: CLOSED - CLOSED