MARCH 2023

**ALL AGES PROGRAMS**

Spring into Reading!
2023 ALL AGES SPRING READING CHALLENGE
MARCH 20 - APRIL 28
FREDRICKSEN.BEANSTACK.ORG
Join us for our third annual Spring Reading Challenge—from the first day of Spring until Arbor Day! Earn badges by logging whatever you like to read and doing activities related to new beginnings, fresh starts, and growth! Starting March 20, register and participate at Fredricksen.beanstack.org.

Game Day for All!
SUNDAY, MARCH 5, 1:30 - 4:30 PM
Board games are fun for everyone, so come drop in and play with us! We will have games available to play, but please feel free to bring your own too! It’s always fun to share a game you love. All ages are welcome; ages 12 & under must be accompanied by an adult. No registration necessary.

**ADULT PROGRAMS**

Ages 18+. For more details or to register go to fredricksenlibrary.org or call 761-3800 x 225.

Computer Basics
WEDNESDAY, MARCH 22, 11AM-12PM
Improve your basic computer skills. Use our laptops or bring your own! In this session, we will introduce the parts of the computer, identify, and use essential keys on the keyboard, and work on mouse skills.

Device Advice
MARCH 1, 2, AND 23, 10 AM - 12 PM
Need hands-on help with your smartphone, tablet, laptop or e-reader? Trying to download an app or program and getting stuck? Interested in using Zoom or Skype but nervous about getting started? Want to use free library media resources like eBooks and audiobooks from Libby? Sign up for a thirty-minute Device Advice session for in person assistance. Bring your personal tablet, laptop, smartphone, or e-reader with you. Make sure you have all passwords you might need during the session.

**FEATURED EVENT**

A Celtic Concert with Seasons
SUNDAY, MARCH 19, 3 PM
Join us as we welcome back Seasons to Fredricksen! The Lee siblings seek to not only pay homage to the rich tradition of Celtic and American folk music that they grew up in, but also to treat it as a living, breathing entity. The result is a collection of original songs that are fresh and familiar and will surely put you in a joyous mood. What a perfect way to spend St. Patrick’s Day weekend! No registration necessary.

**LANGUAGE AT THE LIBRARY**

Language immersion conversation groups meet on a regular basis. Our expert leaders will guide you through conversation and culture of your chosen language. Some experience is necessary.

Italian via Zoom
2ND & 4TH THURSDAYS, 12:30 - 1:30 PM

Spanish – Beginner & Intermediate Conversation
1ST AND 3RD THURSDAYS, 10 - 11 AM

Spanish – Fluent Speakers Conversation
THURSDAYS, FROM 10 - 11 AM

French – All levels
THURSDAYS, FROM 1 - 2 PM

**BOOK CLUBS**

For ALL Book Discussions: You must have read or listened to the book to attend. Ages 18 and older. Registration open.

Moving Forward Book Group
WEDNESDAY, MARCH 1, 1 – 2 PM,
Hybrid (Small Meeting Room and Zoom)
Women Who Run With the Wolves by Clarissa Pinkola Estés
Join us this month as we discuss Dr. Clarissa Pinkola Estés book about "rich intercultural myths, fairy tales, folk tales, and stories, many from her own traditions, [written to] help women reconnect with the fierce, healthy, visionary attributes of this instinctual nature." You must have read or listened to the book to attend. Ages 18 and older, please. Registration for all sessions is open.

Curl Up with the Classics
TUESDAY, MARCH 7, 10 - 11 AM
Hybrid (Small Meeting Room and Zoom)
A Little Princess by Frances Hodgson Burnett
Join us as we discuss Burnett’s story about the strengths needed to succeed as exhibited by Sara Crewe, a young rich girl who moved from India to live at a prestigious London boardinghouse. Ages 18 and older, please. Registration for all sessions is open. This program is sponsored in memory of Marie Schleicher.

Fredricksen Reads
MONDAY, MARCH 27 - 8 PM,
Hybrid (Small Meeting Room and Zoom)
The Dictionary of Lost Words by Pip Williams
Join us for this month’s discussion of a novel that is a “thought-provoking celebration of words and the power of language to shape the world.” You must have read or listened to the book to attend. Ages 18 and older, please. Registration for all sessions is open.

**FEATURED EVENT**

2023 Oscar Nominated Short Films
FRIDAY, MARCH 3
1 PM TO 4 PM - Documentary Short Films
7 PM TO 9 PM - Live Action Short Films
SATURDAY, MARCH 4
2 PM TO 4 PM - Animated Short Films
Not recommended for ages 17 & under without parental permission. Seating is limited & registration is required. Sponsored by Bill and Jane Murray.

**RECURRING PROGRAMS**

Peaceful Poses for Adults
FRIDAY, MARCH 17, 9:00 AM
Join Ann Fields, founder of Peaceful Poses Kids Yoga, for an adult slow flow yoga class. We will explore yoga poses, breathing techniques and ways to deal with stress and anxiety. This 45 minute class is open all levels and no experience is necessary. Please wear comfortable clothing and bring a water bottle and yoga mat.

CPBB Monthly Blood Drive
THURSDAY, MARCH 2, 10 AM - 5:30 PM
Just one pint of your blood can save as many as four lives. Donate in Fredricksen’s lower parking lot (Walnut Street). The Central PA Blood Bank will be here once a month. Walk-ins are welcome; however, donors with appointments will be taken first. If you have any questions about donating, call Central Pennsylvania Blood Bank at 1-800-771-0039 or visit www.cpbb.org.

Fredricksen Writes
1ST & 3RD MONDAYS, MARCH 6 & 20, 7 – 8:30 PM
HYBRID (COMMUNITY ROOM AND ZOOM)
Come join us at this writer’s group that provides aspiring writers a forum for their literary work and feedback from their peers in a respectful and friendly environment. This is a chance for you to grow in your craft and help others improve in the art of writing. The group meets the first and third Monday of most months. If you are not ready to share your writing, feel free to observe and listen or even offer your comments during one of our scheduled meetings.
The War Room: Military History Roundtable
1ST TUESDAY OF THE MONTH, MARCH 7, 6 - 8:30 PM
The Battle of the Little Bighorn 1876
Come and journey with our military history aficionados in a meaningful discussion about battles and other military events ranging from circa 1000 BCE up to recent military history. The first half of the discussion will focus on the facts of the battle and the second half will be dedicated to opinions and conjectures about the battle. Everyone will be given equal time to participate in both halves of the discussion. We will wrap up the night with a vote on the topic for the next session. The three priorities for this group are having fun, learning new things, and hopefully developing new friendships. Registration suggested, but not required. Ages 16+.

Paint With Us
SATURDAY, MARCH 18, 1 - 3 PM
Enjoy step-by-step instruction with our experienced and enthusiastic instructor. You’ll leave with a one-of-a-kind creation to enjoy! Cost: $5 per person. All art materials supplied. Registration begins one month prior via telephone or in person at the library and is required. Ages 18 & up.

Meditation to Calm the Mind
THURSDAYS, 12 - 12:30 PM
Learn short, easy 15-minute meditations to calm the mind. Meditation is an ancient tool to calm anxiety, worry, depression, and more. Led by Buddhist nun Kelsang Chondzin, a teacher and practitioner of about 20 years, these meditations are suitable for people of any religion. Everyone is welcome!

Business & Career Center @ Fredricksen
Looking for a career update, help with your resume, investment resources or small business support? The Business & Career Center @ Fredricksen offers workshops and resources to help you succeed and meet your goals. Find out how the BCC can open paths to new opportunities! BCC.FREDRICKSENLIBRARY.ORG TO REGISTER!

Career Guidance Sessions
Resume Review, Career Support and Relevant Resources—choose this one-on-one session to receive feedback that encourages action to define & refine your goals. 30-minute appointments—morning, afternoon & evening times available. We can also offer any current or past Business & Career Center (BCC) workshop to be conducted in a Guidance Session just choose a time convenient for you and let us know what you’d like to cover. Included options:
• Get That Job! Workshop
• Cloud Storage Basics
• Microsoft Word Basics
• Setting Goals Workshop
• Managing Time Workshop
• Crafting the Cover Letter Workshop
• Creating/Updating your LinkedIn Profile

Free Career Development Resources

INVESTMENT SERIES
How to Choose an Investment Professional
THURSDAY, MARCH 9, 6 PM
There is much information about investment professionals out there—knowing how to find one and understanding their responsibilities to you can be a challenge. In this essential workshop, we’ll cover many points, including the differences between fiduciary and non-fiduciary, and how to ensure that your investment professional is properly registered for what you are paying them to do!

FINANCIAL PLANNING SERIES
Spending Plans: A Roadmap to Success
THURSDAY, MARCH 30, 6 PM
Get useful and practical spending plan that works for your income, putting you on the path to achieve your financial goals. If you are new to budgeting, or trying to get back on track, come discover the difference between your “needs” and “wants”, and gain valuable information on how to handle each purchase type and create smart personal goals.

Philosopher’s Roundtable
MONDAY, MARCH 13, 2 - 3:30 PM
This round table discussion will apply the Socratic Method to help delve into philosophical discussions and give you an opportunity to share your opinions in a neutral and respectful way without interruption. Each month the group will choose a philosophical issue and everyone attending will have the opportunity to learn and discuss with others in an open and respectful environment. Ages 18 and up, please. Registration is suggested. The group typically meets the second Monday of each month.

Leisure Learning
Join us for a new program geared towards adults that want to learn something new!

TUESDAY, MARCH 7, 2 - 3 PM
What is Cryptocurrency?
What is this digital currency all about? This session will provide an explanation for the person who doesn’t understand it at all. This isn’t an investing guide, but what it is all about and why it’s in the news. No registration necessary.

TUESDAY, MARCH 21, 2 - 3 PM
Tea Tasting/Brewing
Sample teas generously donated by local neighbor. One Good Woman tea and coffee shop. Learn about the history of tea and best brewing techniques.

2023 Great Decisions Series
TUESDAYS, FEBRUARY 14 – APRIL 4, 5 - 6:30 PM
The Great Decisions Lecture Series is America’s largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the documentary film series, and meeting in a discussion group to discuss the most critical global issues facing America today. Fredrickson Library partners with World Affairs Council of Harrisburg to host this annual discussion series. The first and last lectures are held Feb. 14 and April 4 at the library at 5 pm. All others will be Zoom webinars. Registration is required.

Patriot Daughters of Lancaster
THURSDAY, MARCH 9, 7 PM
Join us as reenactors share documented stories of the Patriot Daughters of Lancaster, a ladies’ aid society formed ten days after the firing on Ft. Sumter in 1861. The original group collected and organized the transport of food, clothing, and other comforts to Union troops, providing supplies to military hospitals and volunteering as nurses in Gettysburg after the 1863 battle. This program is held in cooperation with the AUW (American Association of University Women). No registration necessary.

Gardening with Nature
THIRD TUESDAYS, 7 PM
In partnership with the Master Gardeners of Cumberland County, we will be offering a new gardening topic on the third Tuesday of each month. Check back for topics!

Genealogy Club
TUESDAY, MARCH 14, 11 AM - 12 PM
Just starting your genealogy research and aren’t sure where to begin? Have you hit a roadblock in your research and need help? Or do you just want to learn about different genealogical resources? Then Genealogy Club is for you! During each session, we will spend time working on our individual research and have the opportunity to bounce our family history questions off of other club members. Occasionally, there will be themed meetings where we will discuss and try out different genealogical resources. You will need to bring a computer for each session to work on your research and to access the different resources. Registration required.
## TWEEN PROGRAMS
*Ages 13-18. Registration required.*

### Crafternoons
**SUNDAY, MARCH 26, 2 - 4 PM**
*Pour Painting*
This program is for teens 13-18. Registration is open.

### Plot Twisters Teen Writers’ Group
**TUESDAY, MARCH 14, 6 - 7:30 PM**
Plot Twisters is open to writers of comics, manga, novels and poetry. This program is for teens ages 13-18. Registration is open.

### Book Keepers Teen Book Club
**THURSDAY, MARCH 9, 6 - 8 PM**
Our book club meets once a month to discuss a great YA or classic book. Copies of the book will be provided. Book selection will be posted on the Evendnite registration page for each session. This program is for teens ages 15-18. Registration is open.

### Teen STEAM Meetup
**WEDNESDAY, MARCH 1, 5 - 6 PM**
Explore the sciences with awesome hands-on activities and STEAM crafts. This program is for teens ages 13-18. Registration is open.

### Teen Advisory Group
**THURSDAY, MARCH 16, 7 - 7:45 PM**
TAG is a service-oriented group of teens. TAG members help plan teen programs and perform service projects around the library. The group meets monthly via Zoom. The group will also meet in person for special library projects. This program is for teens ages 13-18. Registration is open.

### TEEN PROGRAMS
*Ages 9-12. Registration required.*

### TWEEN S.T.E.A.M. Meetup
**WEDNESDAY, MARCH 15, 5 PM**
Each month we meet up to explore the sciences through cool projects. This program is for tweens ages 9-12. Registration is required.

### TWEEN LEGO Club
**SATURDAY, MARCH 25, 3 - 4:30 PM**
**TUESDAY, MARCH 28, 6 - 7:30 PM**
Meetup with other LEGO mega-fans. We have loads of bricks and specialty pieces so you can create amazing builds. Each session will also feature a special Challenge build. This program is for tweens ages 9-12. Registration is required.

### TWEEN EPIC COMIC CLUB
**THURSDAY, MARCH 2, 6 - 7 PM**
We are diving into the world of Dav Pilkey with our own chapter of his Epic Comic Club! At each meeting we’ll work on our own comics - just like George and Harold, make crafts inspired by the books or watch an episode of Captain Underpants. This program is for tweens ages 9-12. Registration is required.

## FEATURED EVENTS

### Hogwarts at the Library
**SATURDAY, MARCH 11, 1:30 - 4:30 PM**
- Enter the world of Harry Potter! Join us for a Costume Contest, get sorted into the Ilvermorny School of Witchcraft and Wizardry, make your own wand and more! Recommended ages 4 - 18 and parents. Registration required. (Please note this event has several registrations for different events)

### CHILDREN’S PROGRAMS

#### For more details or to register go to fredricksenlibrary.org or call 761-3900 x 229.

### STORY TIMES
**Spring Baby & Toddler Storytime**
**MONDAYS AND WEDNESDAYS, 10 AM**
Baby and toddler storyline engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 0-2. Registration required.

#### Disney Storytime
**4TH THURSDAY OF THE MONTH, 9:30 - 10 AM**
**Little Mermaid**
We are taking our storyline and adding sparkle to it. Each month a Disney book will be selected and a coloring page or craft associated with that story will be available. These Disney Storytimes are also great times to dress up as your favorite character from the monthly story. Recommended ages 3-5. Registration required.

### GENERAL PROGRAMMING

#### American Girl Book Club
**TUESDAY, MARCH 28, 6:30 - 7:30 PM**
**Nellie’s Promise**
Each month we will read about an American Girl character, then meet to discuss each girl. During our meetings we will get to know each other and our favorite American Girls. Bring your American Girl or friend (Our Generation, etc.) doll with you to participate in activities. Recommended ages 8-12. Registration required.

#### Library for Lunch
**FRIDAY, MARCH 31, 11 AM - 12:30 PM**
**Pets**
Bring your preschooler to Library for Lunch! After storyline and learning activities, your child (with your help) will eat lunch at the library as well as go through the “lunch line” to pick up a drink and sweet treat. Children should bring a bagged lunch, and the library will provide a sweet treat. This program is recommended for preschoolers ages 4 – 6, but younger and/or older siblings may attend. Please indicate number of attendees when registering. Registration is required.

#### Library AFTER Lunch
**FRIDAY, MARCH 31, 1 - 2:30 PM**
**Pets**
Bring your preschooler (ages 4+) to Library AFTER Lunch! We’ll have learning activities and centers set up around the room for your preschooler (with your help) to play and practice their get-ready-for-school skills. This program is recommended for preschoolers ages 4 – 6, but younger and/or older siblings may attend. No registration required.

### Book Explorers
**MONDAYS FROM 5:30 - 6:30 PM**
- **March 6 - The Worst Luck Book in the Whole Entire World**
- **March 13 - How to Catch a Leprechaun**
- **March 20 - Goldy Luck and the Three Pandas**
- **March 27 - Little Blue and Little Yellow**
Join us each week to explore a different book. We will read the story, then participate in crafts and activities that relate to the story. Recommended ages 3-6 years old. Registration required.

### Chess Club
**FRIDAYS, MARCH 3, 6:30-8:30 PM**
Volunteers from the Harrisburg/West Shore Chess Club will be on hand to assist young chess players and match up competitors. Join us and have fun! Participants are asked to bring a chess set if possible, but not required. No registration required. Recommended ages 5-13. No Registration Required.

### Costume Day at the Library
**THURSDAY, MARCH 2, ALL DAY**
**Pajama Day**
Bring your little ones for a fun themed dress up day. Books matching the theme will be available for reading and checkout. Don’t have a costume to wear matching our theme or have time to make one? Have your little one wear any costume they have or enjoy dress-up with our bin of masks and hats. All ages welcome. No registration required.

### Family Paint & Pix!
**FRIDAY, MARCH 17, 6 - 8 PM**
Join us for a night of creativity and cinema. Kid’s Paint Night will be followed by a drop in family movie. Kids are invited to participate in a movie-based guided painting before the family film starts. Films will be rated G or PG. Registration required.

### Meet & Greet Library Pups
**2ND, 3RD, & 5TH THURSDAYS**
**MARCH 9, MARCH 16, MARCH 30, 10 - 11 AM**
Come meet our favorite library pups, Calvin & Hobbes. Registered therapy team Mr. Gregg and Calvin & Hobbes offer children the opportunity to interact with dogs and build self-esteem. All ages welcome. No Registration Required.

### Peaceful Poses Yoga StoryTime
**FRIDAYS, MARCH 17 & 31, 10-10:45 AM**
Yoga classes and story times are designed just for kids! Come meet your favorite Library Pups, Calvin & Hobbes. Registered therapy team Mr. Gregg and Calvin & Hobbes offer children the opportunity to interact with dogs and build self-esteem. All ages welcome. No Registration Required.
**STEAM PROGRAMS**

**Roots and Shoots Program**
MONDAYS MARCH 6, 6 PM  
Gratitude Stewards: Thank you Letters to Sheldrick Wildlife Trust Elephant Keepers  
(Parents encouraged to stay for this program.)  
This program developed by Jane Goodall is a youth service program which helps empower young people to become leaders who build a better world. The mission of the program is to foster respect and compassion for all living things, to promote understanding of all cultures and beliefs, and to inspire each individual to take action to make the world a better place for people, other animals, and the environment. Recommended ages 5-8. Registration required.

**Family Crafternoons**
MONDAY, MARCH 27, 2 – 4 PM  
Join us monthly for a family crafternoon. Learn to sew, use the Cricut machine, make your own creation on our 3D Printer, and more. Limited to 12 individuals per time slot. Recommended ages 8-18. Please include children and adults when making reservations.

**STEAM for Kids**
TUESDAY, MARCH 7, 1 PM  
Rainstick and Shakers  
Join us for a STEAM program discovering various crafts, art, and artistic methods used around the world. Recommended ages 8-10 years old. Registration required. If you are unable to attend, please cancel your reservation through Eventbrite or call us to open your space to someone else.

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**2023 Fredricksen Bike Raffle**

**March 20 - May 23**
Tickets are $5 each or 3/$12
On sale at the Reference Desk

Secondary prize will be a bike helmet, also donated by Holmes.

**Donation Station**
FIRST SATURDAY OF THE MONTH, 1 - 3 PM  
An easier way to donate your books and media! Please park in the lower parking lot off Walnut Street near the sidewalk. Donations all other times are limited to one box or less at the Reference Desk when open.

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**NEW PROGRAM**

**Artist Reproduction Team (A.R.T.)**
THURSDAY, MARCH 23, 6 - 7 PM  
Join us to learn the art technique used by our featured artist of the month. Miss Kayla will teach the technique, then you get to create your own art using that method. Bring your own inspiration and ideas! Recommended ages 8 - 12. Registration required.

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**Read to Dogs**
TUESDAYS, MARCH 7 & MARCH 21, 6:30-8 PM  
Specially trained dogs from K-PETS will be at the library to listen to children read aloud. This program is helpful to children who may be shy or reluctant to read aloud and will encourage them to practice reading independently. For budding readers. Recommended ages 6-12. Registration required.

**World Explorers**
MONDAY, MARCH 13, 6 - 7 PM  
Greece  
Explore the world and learn about different cultures and people around the globe. Program includes reading, activity, and discussion. Each month features a different country or region. Recommended ages 6 to 8 years old. Registration required.

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