FREDRICKSEN LIBRARY

JULY 2023

Cleve J. Fredricksen Library

100 N. 19th Street, Camp Hill, PA 17011 • 717-761-3900 Hours: Mon Tues Thu Fri 9-9, Wed 9-6, Sat & Sun 1-5

East Pennsboro Branch Library 98 S. Enola Drive, Enola, PA 17025 • 717-732-4274 Hours: Mon & Fri 11-4, Tues - Thu 10-8, Sat 10-2, Closed Sun

eastpennsborobranch.org



LIBRARY CLOSINGS

TUESDAY, JULY 4 CLOSED

ALL TOGETHER NOW! SUMMER READING 2023

All Ages Summer Reading Challenges NOW - AUGUST 15 redricksen.beanstack.org
Earn badges, prizes, and tickets for the grand prize
drawings by logging your reading and activities.
Register at fredricksen.beanstack.org.

GO CUMBERLAND CHALLENGE!

2023 Get Outdoors Challenge for All Ages NOW - AUGUST 15 fredricksen.beanstack.org
Join us for our second annual Get Outdoors Join us for our second annual Get Outdoors
Challenge! Register at fredricksen.beanstack.org,
and then pick up a GO Cumberland booklet (one per
family) at the library. Throughout the summer, hike the
chosen parks and trails in Cumberland County to find
the secret codes to enter in Beanstack! See booklet for
more details. Sponsored by WellSpan.

SHEA QUINN - BEATLEMANIA!

THURSDAY, JULY 27, 7 PM
We'll close out our Summer Concert Series with
everyone's local favorite — Shea Quinn. In keeping
with our Summer Reading theme of All Together Now,
Shea will bring the house down with a Beatles tribute!

DETECTIVE GIBBS & OFFICER CAPERSFRIDAYS, JULY 7, 21, & 28, 10 AM
Camp Hill's favorite pup will be visiting Fredricksen
Library this summer! This event is for all ages, so families are welcome. Office Capers will read stories, teach us about safety, and engage with our community. Keep an eye on our social media where we'll post themes for each visit!

BINGO FOR BOOKS SATURDAY, JULY 22, 1:30 OR 3 PM (TWO SESSIONS) Join us to play Bingo! Each person will win at least two books to take home and keep. All ages are welcome; ages 12 & under must be accompanied by an adult. Registration required.

FAMILY S.T.E.A.M.

WEDNESDAY, JULY 19,1 PM

Drop by the KCS with your whole family to do fun S.T.E.A.M. activities including LEGO challenges, Snap Circuits and more. This program is for children ages 4-18 accompanied by an adult family member. Registration is required.

Friends Mini-Book Sale

JULY 10 - 16: ALL ABOUT AMERICA

All books \$2.00 unless otherwise marked. The sale will take place during the library's open hours upstairs near the Circulation Desk.

ADULT PROGRAMS
Ages 18+. For more details or to register go to fredricksenlibrary.org or call 761-3900 x 225.

COME FLY WITH ME, A Two-Part Series

THURSDAY, JULY 21 & 28, 1 PM

Presented by Lou Thieblemont, a former TWA and Presented by Lou Thieblemont, a former TWA and American Airlines Captain, this two-part series will address how a large passenger aircraft actually works — how the plane's wing develops lift, how flight controls steer the plane, how various systems work and what the pilot is doing during the many phases of the flight. In part 2, we will experience a flight in real time aboard a Boeing 757 through a state-of-the-art flight simulator program. Every switch and instrument works like the real plane and all aspects of navigation, weather, and air traffic control are explained. Registration required.

STITCH-IN with the Susquehanna Chapter of the Embroiderer's Guild of America

WEDNESDAY, JULY 5, 1 PM - 4 PM
Join in this gathering of embroidery enthusiasts for an afternoon of working on your own project, sipping some tea and chatting with others. Learn some needlework tips, tricks and trends in the craft of embroidery. Don't have a current project? Just come and be inspired to start one!

BOOK CLUBS

For ALL Book Discussions: You must have read or listened to the book to attend. Ages 18 and older. Registration open.

MOVING FORWARD BOOK GROUP

WEDNESDAY, JULY 5, 1 PM
In cooperation with Hospice of Central PA, we will be reading books focusing on the redemptive power of the human spirit. Registration required.

The Year of Magical Thinking by Joan Didion
Join us this month as we discuss Didion's memoir about illness and death, marriage and children, love and loss, and life and memory. and loss, and life and memory

CURL UP WITH THE CLASSICS

TUESDAY, JULY 11, 10 AM

Join us as we discuss the Classics! Registration required. This program is sponsored in memory of Marie Schleicher.

A Room with a View by E. M. Forster Join us as we discuss Forster's exploration of British society. Will young Lucy Honeychurch choose to follow

FREDRICKSEN READS

MONDAY, JULY 24, 7 PM

or to love?

Join us for our Fredricksen Reads Book Discussions.

Registration required.

The Year Without Summer by Guinevere Glasfurd Join us for this month's discussion of a novel about how an 1815 volcanic eruption leads to "a massive climate disruption" that changed lives forever.

<u>LANGUAGE AT THE LIBRARY</u>

Language immersion conversation groups meet on a regular basis. Our expert leaders will guide you through conversation and culture of your chosen language.

Spanish - Beg & Int Conversation 1ST AND 3RD THURSDAYS, 10 - 11 AM

Spanish – Fluent Speakers **Conversation**

THURSDAYS, FROM 10 - 11 AM

French - All levels THURSDAYS, FROM 1 - 2 PM

Italian - CONVERSATIONS WILL RESUME AUGUST

ITALIAN FOR BEGINNERS

THURSDAYS, AUGUST 3 - OCTOBER 5 7:30 - 8:30 PM VIA ZOOM

During class time students will be learning in a fun and collaborative atmosphere, with the instructor's help and direction. No specific technological skills are required. All you need is a computer/ laptop/tablet and a printer. Ages 16 and older. Cost: \$120 for 10 classes. Students will be advised to also purchase a book online. Register online, by phone, or in person at the library.

GENERAL PROGRAMMING

FREDRICKSEN WRITES

MONDAY, JULY 17, 7 PM

Want to be part of a local, supportive writing group that helps you grow in your craft? Fredricksen Writes is for writers of all experience levels who want to be critiqued and in exchange provide critiques for other writers. This group is best suited for writers of memoirs, short stories, novels or essays. Join us to observe and learn what we're all about. Space is limited; registration required.

COMPUTER BASICS

WEDNESDAY, JULY 19, 11AM

Improve your basic computer skills. Use our laptops or bring your own! In this session, we will introduce the parts of the computer, identify, and use essential keys on the keyboard, and work on mouse skills.

DEVICE ADVICE

JULY 5, 6, & 20, 10 AM –12 PM
Need hands-on help with your smartphone, tablet, laptop or e-reader? Sign up for a thirty-minute Device Advice session for in person assistance. Bring your personal tablet, laptop, smartphone, or e-reader with the sum Make sum where all passement you might you. Make sure you have all passwords you might need during the session.



Looking for a career update, help with your resume, investment resources or small business support? The Business & Career Center @ Fredricksen offers workshops and sessions to help you succeed and meet your goals. Find out how the BCC can open paths to new opportunities!

BCC.FREDRICKSENLIBRARY.ORG TO REGISTER!

Resume Review, Career Support and Relevant Resources—choose this one-on-one session to receive feedback that encourages action to define & refine your goals. 30-minute appointments—morning, afternoon & evening times available. We can also offer any available (current or past) Business & Career Center workshop to be conducted in a Guidance Session.

SMALL BUSINESS DEVELOPMENT WORKSHOPS

HOW TO CREATE A BUSINESS PLAN THURSDAY, JULY 20 AT 6PM

The first step to starting a business is just the same as starting anything else. It begins with creating a plan. But what is a business plan, what does it need to include and why is it so important to create one? We will show you how to approach your business plan and how to build it. You will learn why it is essential to have a business plan, the necessary information for an effective Business Plan and who may request to see the Business Plan.

HOME-BASED BUSINESS ROUNDTABLE W/ SCORE

Join other small business owners to network and share ideas to fine-tune best practices that support

ZOOM SESSIONS AND TIMES:

2ND TUESDAYS OF EACH MONTH, 12-1:30 PM, OR ATH TUESDAYS OF EACH MONTH, 6-7:30 PM, OR 4TH TUESDAYS OF EACH MONTH, 6-7:30 PM As a resource partner of the U.S. Small Business Administration (SBA), SCORE (Service Corp of Retired Executives) has helped more than 11 million entrepreneurs through mentoring, workshops and educational resources since 1964. For more information about the organization, please visit their website at www.score.org

TECHNOLOGY SKILLS WORKSHOPS

PROMOTING YOURSELF: How to Create a Successful LinkedIn Profile

TUESDAY, JULY 11 AT 10 AM - VIRTUAL THURSDAY, JULY 27 AT 6PM

Learn how to set up a new profile or refresh your existing profile and how to make this powerful networking tool work for you.

INTRODUCTION TO GOOGLE SUITE WEDNESDAY, JULY 12 AT 10 AM - VIRTUAL TUESDAY, JULY 25 AT 12PM

Google has its own set of productivity and creation tools, and they're free – all you need is a Gmail account. Use your own device and learn more about this versatile platform.

POWERPOINT BASICS WORKSHOP VIRTUAL

THURSDAY, JULY 13 AT 10 AM

Learn beginner-level skills or update your older version skills in Microsoft 2019 (using your own laptop; must have Microsoft PowerPoint).

WORD BASICS WORKSHOP

Virtual

THURSDAY, JULY 6 AT 6 PM MONDAY, JULY 10 AT 10 AM

Learn beginner-level skills or update your older version skills in Microsoft 2019 (using your own laptop; must have Microsoft Word).

FINANCIAL LITERACY WORKSHOPS

CYBERSECURITY AND AVOIDING SCAMS IN JOB SEARCHING: Keeping

Yourself Safe Online

THURSDAY, JULY 13 AT 6PM

THURSDAY, JULY 13 AT 6PM
Discover the ways people's identities are stolen or compromised, what you can do if you find you have had your identity stolen, and how to stop theft from occurring. Whatever your age, understanding how to keep your information sate and secure online is vitally important for everyone. This presentation also covers key topics like using secure websites, creating strong passwords, and being aware of what you put on social media.

GENEALOGY CLUB

TUESDAY, JULY 11, 11 AM

During each session, we will spend time working on our individual research and have the opportunity to bounce our family history questions off of other club members. Occasionally, there will be themed meetings where we will discuss and try out different genealogical resources. You will need to bring a computer for each session to work on your research and to access the different resources.

PEACEFUL POSES YOGA FOR ADULTS

FRIDAY, JULY 14, 9 AM

Join Ann Fields, founder of Peaceful Poses Kids Yoga, for an adult slow flow yoga class. This class will explore yoga poses, breathing techniques and ways to deal with stress and anxiety. This 45-minute class is open all levels and no experience is necessary. Please wear comfortable clothing and bring a water bottle and yoga mat. Registration suggested, but not

MEDITATION TO CALM THE MIND

THURSDAYS 12 PM - 12:30 PM Learn short, easy 15-minute meditations to calm the mind. Meditation is an ancient tool to calm anxiety, worry, depression, and more. Led by Buddhist nun, Kelsang Chondzin, a teacher and practitioner of almost 20 years, these meditations are suitable for people of any religion. Everyone is welcome! No registration necessary.

INDIE & FOREIGN FILM FRIDAYS FRIDAY, JULY 14, FILM AT 2 PM, DISCUSSION AT 4

PM

Watch the film then join us for a moderated discussion. Watch the film at the library or watch it on your own. You must have watched the film to participate in the discussion. Registration is suggested. Sponsored by Bill and Jane Murray.

Bellast (98 minutes)

A poignant story of love, laughter, and loss in one boy's childhood, amid the music and social tumult of the late 1960s. Rated: PG-13. (Northern Ireland)

PHILOSOPHERS' ROUNDTABLE

MONDAY, JULY 10, 2 PM
This round table discussion will apply the Socratic Method to help delve into philosophical discussions and give you an opportunity to share your opinions in a neutral and respectful way without interruption. What a great way to expand your mind and reach further with your thoughts! Ages 18+.

MASTER GARDENER PLANT CLINIC

EVERY TUESDAY THROUGH AUGUST 29, 6 - 7:30 PM Do you have some unanswered gardening questions and don't know where to turn? Just stop in to Fredricksen Library - the Master Gardeners from Penn State Extension will be there eagerly waiting to solve your gardening mysteries and help you to have the best garden possible! No registration necessary. *No clinic July 4.

PAINT WITH US

SATURDAY, JULY 15 & SUNDAY, JULY 16 AT 1 PM Enjoy step-by-step instruction with our experienced and enthusiastic instructor. You'll leave with a one-of-a-kind creation to enjoy! Cost: \$5 per person. All art materials supplied. Registration begins one month prior via telephone or in person at the library. Ages 18 & up. Theme: Octopus in the Ocean

GARDENING WITH NATURE

TUESDAY, JULY 18, 7 PM

Plant a tree! Learn how to select a street tree appropriate for your conditions, such as a narrow or wide strip or the dreaded "under power lines." You will also learn proper tree planting and maintenance techniques. This program is presented by Pat Baumann who has over 30 years of experience in the horticulture industry and is a member of the Camp Hill Shade Tree Commission. \$5.00 fee. Register online or call Penn State Extension Registrătion Services toll-free at 1-877-345-0691. Walk-ins will be accepted if space is available.

CPBB MONTHLY BLOOD DRIVE

FRIDAY, JULY 7, 10 AM - 5:30 PM
Come and donate in Fredricksen's lower parking lot (Walnut Street). We strongly suggest you schedule an appointment to donate blood. A form of ID is required to donate. Walk-ins are welcome; however, donors with appointments will be taken first and this may result in a significant wait time. If you have any may result in a significant wait time. If you have any questions about donating, call Central Pennsylvania Blood Bank at 1-800-771-0059.

NEURODIVERGENT ADULT SUPPORT GROUP (AUTISM, ADHD, ADD)

SATURDAY, JULY 29, 3 PM

This program is intended to give neurodiverse people opportunities to discuss relevant topics, share resources and think of ways to help each other. A project of the Neurodiverse Network (https://www.ndnet.org). 18+ adult.

TEEN PROGRAMS

Ages 13-18. Registration required.

CRAFTERNOONS

TUESDAY, JULY 25, 2 PM July - Jewelery making, sun catchers, key chains

PLOT TWISTERS WRITERS' GROUP

TUESDAY, JULY 11, 6 PM

Plot Twisters is open to writers of comics, manga, novels and poetry. This program is for teens ages 13-18. Registration required.

BOOK KEEPERS BOOK CLUB

WEDNESDAY, JULY 26, 6 PM

Our book club meets once a month to discuss a great YA or classic book. Copies of the book will be provided. This program is for teens ages 15-18. Registration required.

TEEN LEGO MEETUP

TUESDAY, JULY 18, 6 PM

Meetup with other LEGO fans to free build or try some challenges using our huge collection of LEGOs. This program is for teens ages 13-18. Registration is

TEEN STEAM MEETUP

WEDNESDAY, JULY 19, 4 PM

Explore the sciences with awesome hands-on activities and STEAM crafts. This program is for teens ages 13-18. Registration required.

TEENS CREATE CONTEST

JULY 15 TO JULY 29

Our Annual Teens Create Contest gives teens a Our Annual Ieens Create Contest gives teens a chance to display their incredible creative skills to inspire our community. Submissions will be accepted in 5 categories: Short Story, Poetry, Painting/ Illustration, Digitally Created Art and Photography. Submissions will be due between July 15 - July 29 and exhibited August 1 - August 30. Awards will be announced August 16. This program is for teens ages 13-18. Registration is required and you may enter in multiple categories multiple cătegories.

FUN WITH CUPCAKES!

MONDAY, JULY 24, 6 PM - 8 PM Don't miss our yummy Cupcake Decorating Competition. We'll supply the cupcakes and a pantry of decorating supplies. You'll have 60 minutes to plan and decorate your cupcakes and then we'll begin the tasting and judging. This program is for teens ages 13-18. Registration required.

TEEN DESTRESS MEETUP

THURSDAY, JULY 20, 6 PM

Our stress-free zone features destress activities, fidgets, vent and vision boards, snacks that promote wellness and more. This program is for teens ages 13-18. Registration is required.

ART 101

THURSDAYS, JULY 6 & 13, 6 PM
Our resident artist Kayla will take you step by step through painting and drawing lessons. This program is for teens ages 13-18. Registration is required. July 6 – Jackson Pollock, July 13 – class choice

TWEEN PROGRAMS

Ages 9-12. Registration required.

TWEEN LEGO CLUB

TUESDAY, JULY 25, 6 PM
Meet with other LEGO mega-fans. We have loads of bricks and specialty pieces so you can create amazing builds. This program is for tweens ages 9-12. Registration is required.

TWEEN EPIC COMIC CLUB

THURSDAY, JULY 13, 6 PM
We are diving into the world of Dav Pilkey with our
own chapter of his Epic Comic Club! At each meeting
we'll work on our own comics (just like George and
Harold), make crafts inspired by the books or watch
an episode of Captain Underpants. This program is
for tweens ages 9-12. Registration is required.

TWEEN S.T.E.A.M.

THURSDAY, JULY 20, 3 PM

Each month we meet up to explore the sciences through cool projects. This program is for tweens ages 9-12. Registration is required.

TWEEN POKEMON MEETUP

TUESDAY, JULY 18, 2 PM

We Choose You! Meetup with other Pokefans to play, trade or just talk about Pokemon. We'll do some cool Pokemon projects too. This program is for tweens ages 9-12. Registration is required.

TWEEN MYSTERY DINNER

MONDAY, JULY 31, 5 PM

Cosplay, murder, mayhem – it's all waiting for you and your friends. Check back for more details. This program is for tweens ages 9-12. Registration is required.

CHILDREN'S PROGRAMS

STORY TIMES

Storytime is a beloved tradition that helps set the foundation for the joy of reading.

BABY & TODDLER STORYTIME

MONDAYS AND WEDNESDAYS AT 10 AM

Baby and toddler storytime engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 0 - 2 years. Registration required.

CHILDREN'S STORYTIME

MONDAYS AND WEDNESDAYS AT 11 AM

Children's storytime engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 2 and up. Registration required.

PEACEFUL POSES YOGA STORYTIME

FRIDAY, JULY 14, 10 AM
Join Ann Fields, founder of Peaceful Poses Kids
Yoga, for some mindful movement, deep breaths,
and ways we can learn about our feelings. We read
books, listen to music, and move our bodies. Ages 3 to 8 years. Registration required.

DISNEY STORYTIME

THURSDAY, JULY 27, 9:30 AM
Each month a Disney book will be selected and a coloring page or craft associated with that story will be available. These Disney Storytimes are also great times to dress up as your favorite character from the monthly story. Ages 3 - 5. Registration required. July - Mulan Storytime

RYAN THE BUG MAN

TUESDAY, JULY 11, 6:30 PM
Ryan Bridge, "The Bug Man," will present an all-ages event focusing on how people are taught to dislike and thus, be afraid of bugs and insects. Breaking stereotypes and common fears about the most important creatures on our planet, he will teach everyone that "nothing in Nature WANTS to harm us." Best of all, everyone will have a chance to pet and hold Live Bugs! Recommended ages 0 - 18 years old. No registration required.

MAGIC POTS AND RECYCLED BOTTLES WITH KATHLEEN JACOBS & PUPPETS

TUESDAY, JULY 18, 10:30 AM

Kathleen Jacobs and Puppets presents Magic Pots and Recycled Bottles! Jump headfirst into fun as a wacky cleaning lady uses recyclables to create a crew of unforgettable puppet characters and recycles old folktales into a script. Recommended ages 0 - 18. No registration required.

JESSE THE REPTILE GUY AND FORGOTTEN FRIEND REPTILE SANCTUARY

TUESDAY, JULY 25 AT 10:30 AM
Critters of All Kinds! Our planet is home to critters of all kinds! Each animal has its own ecological niche, which is their special assignment on planet Earth.
Come laugh and learn with Jesse Rothacker and
his reptile friends, and discover how critters of all
kinds work together to make one great big world.
Recommended ages 0 to 18. No registration required.

GENERAL PROGRAMMING

American Girl Book Club

TUESDAY, JULY 18, 6:30 - 7:30 PM

Each month we will read about an American Girl Each month we will read about an American Girl character, then meet to discuss each girl. During our meetings we will get to know each other and our favorite American Girls. Bring your American Girl or friend (Our Generation, etc.) doll with you to participate in activities. Recommended ages 8 - 12. Registration required.

ARTIST REPRODUCTION TEAM (A.R.T.)

THURSDAY, JULY 13, 5 - 6 PM
Join us to learn the art technique used by our featured artist of the month. Miss Kayla will teach the technique, then you get to create your own art using that method. Bring your own inspiration and ideas!

Recommended ages 8 - 12. Registration required. July: Pollack, Untitled
*July 13th will be held on the Side Lawn. In case of

inclément weather, the program will be held in the

Board Room.

BOOK EXPLORERS

MONDAYS FROM 5:30 - 6:30 PM NO MEETING ON JULY 24

Join us each week to explore a different book. We will read the story, then participate in crafts and activities that relate to the story. Recommended ages 3 - 6. Registration required.

CHESS CLUB

FRIDAY, JULY 7, 6:30 - 8:30 PM

Volunteers from the Harrisburg/West Shore Chess Club will be on hand to assist young chess players and match up competitors. Join us and have fun! Participants are asked to bring a chess set if possible, but not required. No registration required. Recommended ages 5 - 13 years old. No Registration Required.

DISCOVERY ZONE FUN!

All Year Long in the Children's Library CRAFT CORNER, MONDAYS AT 10 AM BLOCK PARTY, FRIDAYS FROM 10 AM- 4 PM
Bring your little ones to play with our developmental
toys and take part in special activities during the
mornings. All ages welcome. No Registration Required.

There's even more!

FAMILY PAINT & PIX!

FRIDAY, JULY 14, 6 PM

Join us for a night of creativity and cinemas. Kid's Paint Night will be followed by a drop in family movie. Kids are invited to participate in a movie-based guided painting before the family film starts. Films will be rated G or PG. Registration required. July: Finding Dory

MEET & GREET LIBRARY PUPS

THURSDAYS, JULY 13 & 20, 10 - 11 AM Come meet our favorite library pups, Calvin & Hobbes. Registered therapy team Mr. Gregg and Calvin & Hobbes offer children the opportunity to interact with dogs and build self-esteem. All ages welcome. No Registration Required.

PAJAMA DAY AT THE LIBRARY

JULY 6, ALL DAY

Libraries and PJs go together! Bring your little ones to the library in their PJs to enjoy a comfy day of reading and playing! All ages welcome. No registration required.

READ TO DOGS

TUESDAY, JULY 18, 6:30 - 8 PM Specially trained dogs from K-PETs will be at the library to listen to children read aloud. This program is helpful to children who may be shy or reluctant to read aloud and will encourage them to practice reading independently. For budding readers. Recommended ages 6 - 12. Registration required.

DROP-IN CRAFT PROGRAMS

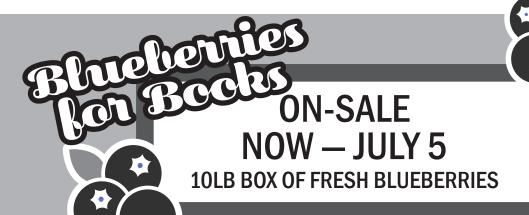
FRIDAY, JULY 28, 10 AM

Join us all summer long for fun drop-in craft programs! For children of all ages; ages 12 & under must be accompanied by an adult. No registration necessary. July 28—Plaster of Paris Crafts

STEAM PROGRAMS

STEM: Discover the Secrets of the **Honeybee**

THURSDAY, JULY 20, 6 - 7 PM
Join Tiffany Ayres of the SayBee's Apiary in Boiling
Springs, a honeybee learning center, and learn about pollinator honeybees. Recommended ages 6 - 12. No Registration Required.









WEEKDAYS 9:30 AM - 11:30 AM **Serving Cornerstone Coffeehouse** coffee, snacks and other goodies.

DONATION STATION

FIRST SATURDAY OF THE MONTH, 1 - 3 PM An easier way to donate your books and media! Please park in the lower parking lot off Walnut St. near the sidewalk. Donations all other times are limited to one box or less at the Reference Desk when

FOLLOW US @FREDRICKSENLIBRARY







Cleve J. Fredricksen Library

100 N. 19th Street, Camp Hill, PA 17011 (717) 761-3900 fredricksenlibrary.org

East Penn Branch Library

98 South Enola Drive, Enola, PA 17025 (717) 732-4274

eastpennsborobranch.org