

# FREDRICKSEN LIBRARY

FEBRUARY 2023

## Cleve J. Fredricksen Library

100 N. 19th Street, Camp Hill, PA 17011 • 717-761-3900

Hours: Mon Tues Thu Fri 9-9, Wed 9-6, Sat & Sun 1-5

[fredricksenlibrary.org](http://fredricksenlibrary.org)

## East Pennsboro Branch Library

98 S. Enola Drive, Enola, PA 17025 • 717-732-4274

Hours: Mon & Fri 11-4, Tues - Thu 10-8, Sat 10-2, Closed Sun

[eastpennsborobranch.org](http://eastpennsborobranch.org)



### ALL AGES PROGRAMS

#### Love Your Library Bingo!

#### All Ages Winter Reading Challenge

FEBRUARY 1 - 28

Show your love for Fredricksen Library by playing Bingo on Beanstack. Earn spaces by reading, coming to the library, attending programs, completing activities and writing book reviews. Get BINGO, and you'll win a prize and earn virtual tickets for the grand prize drawings! Beginning February 1, register at [fredricksen.beanstack.org](http://fredricksen.beanstack.org).

#### Game Day for All!

SUNDAY, FEBRUARY 12, 1:30 - 4:30 PM

Board games are fun for everyone, so come drop in and play with us! We will have games available to play, but please feel free to bring your own too! It's always fun to share a game you love. All ages are welcome; ages 12 & under must be accompanied by an adult. No registration necessary.

### ADULT PROGRAMS

Ages 18+. For more details or to register go to [fredricksenlibrary.org](http://fredricksenlibrary.org) or call 761-3900 x 225.

#### Leisure Learning

TUESDAY, FEBRUARY 7, 2 - 3 PM

#### Gilded Age Mansions of the Vanderbilts

Delve into the beautiful mansions of the Vanderbilt family. From Commodore Vanderbilt to CNN newscaster, the Vanderbilt family has been known for their lavish houses—including the Biltmore and the "cottages" of Newport. Let's take a deeper look. No registration necessary.

TUESDAY, FEBRUARY 21, 2 - 3 PM

#### Zentangles

A Zentangle is an easy-to-learn, relaxing way to create images by drawing structured patterns. In this session we'll explore this doodle-type art and how it can improve the brain. No registration necessary.

#### 2023 Great Decisions Series

TUESDAYS, FEBRUARY 14 - APRIL 4, 5 - 6:30 PM

February 14: *Energy Geopolitics*

February 21: *War Crimes*

February 28: *China & the U.S.*

The Great Decisions Lecture Series is America's largest discussion program on world affairs. We partner with World Affairs Council of Harrisburg to host this annual discussion series. The first and last lectures are held Feb. 14 and April. 4 at the library at 5 pm. All others will be Zoom webinars. Registration is required.

### LANGUAGE AT THE LIBRARY

Language immersion conversation groups meet on a regular basis. Our expert leaders will guide you through conversation and culture of your chosen language. Some experience is necessary.

#### Italian via Zoom

2ND & 4TH THURSDAYS, 12:30 - 1:30 PM

#### Spanish - Beginner & Intermediate Conversation

FIRST AND THIRD THURSDAYS, 10 - 11 AM

#### Spanish - Fluent Speakers Conversation

THURSDAYS, FROM 10 - 11 AM

#### French - All levels

THURSDAYS, FROM 1 - 2 PM

### FEATURED EVENT

#### Lincoln at the Library

SATURDAY, FEBRUARY 4, 2 PM

Come see highly-acclaimed Abraham Lincoln aficionado and actor, James Hayney as President Abraham Lincoln. The sixteenth President discusses his deep Pennsylvania roots and reasons why it is his personal "Keystone State". No registration necessary.

### BOOK CLUBS

For ALL Book Discussions: You must have read or listened to the book to attend. Ages 18 and older. Registration open.

#### Moving Forward Book Group via Zoom

WEDNESDAY, FEBRUARY 1, 1 TO 2 PM

#### Almost Everything: Notes on Hope by Anne Lamott

"In this profound and funny book, Lamott calls for each of us to rediscover the nuggets of hope and wisdom that are buried within us that can make life sweeter than we ever imagined."

**Curl Up with the Classics** This program is sponsored in memory of Marie Schleicher.

TUESDAY, FEBRUARY 7, 10 - 11 AM, HYBRID

#### The Color Purple by Alice Walker

Join us as we discuss Walker's fictional book about two African American sisters in rural Georgia as they "sustain their loyalty to and hope in each other across time, distance, and silence."

### Fredricksen Reads & Author Visit

MONDAY, FEBRUARY 27, 7 - 8 PM VIA ZOOM

#### Fast Girls by Elise Hooper

Join us for this month's discussion of a novel about the 1936 integrated U.S. women's Olympic team in Nazi Germany. Can these athletes defy the odds? Author Elise Hooper will join us via Zoom to answer your questions!

### Great Stories

WEDNESDAY, FEBRUARY 8, 10 - 11:30 AM

Join this monthly group as we explore the best American and English short stories. Read and discuss two stories a month from 100 Years of the Best American Short Stories by Lorrie Moore and Heidi Pitlor. Book must be purchased independently.

### RECURRING PROGRAMS

See the website for more info on these programs.

### The War Room: Military History Roundtable

TUESDAY, FEBRUARY 7, 6 - 8:30 PM

#### The Battle of the Atlantic 1939-1945

Come and join your fellow military history aficionados in a meaningful discussion about battles and other military events ranging from circa 1000 BCE up to recent military history. The three priorities for this group are having fun, learning new things, and hopefully developing new friendships. Registration suggested, but not required. Ages 16+.

### Peaceful Poses for Adults

FRIDAY, FEBRUARY 24, 9 AM

Join Ann Fields, founder of Peaceful Poses Kids Yoga, for an adult slow flow yoga class. This new class at Fredricksen will explore yoga poses, breathing techniques and ways to deal with stress and anxiety. This 45 minute class is open all levels and no experience is necessary. Please wear comfortable clothing and bring a water bottle and yoga mat.

### CPBB Monthly Blood Drive

FRIDAY, FEBRUARY 3, 10 AM - 5:30 PM

Just one pint of your blood can save as many as four lives. Donate in Fredricksen's lower parking lot (Walnut Street). The Central PA Blood Bank will be here on the first Friday of every month. Walk-Ins are welcome; however, donors with appointments will be taken first. If you have any questions about donating, call Central Pennsylvania Blood Bank at 1-800-771-0059 or visit [www.cpbb.org](http://www.cpbb.org).

### **Fredricksen Writes** VIA ZOOM

MONDAY, FEBRUARY 6 & 20, 6:45 - 8:45 PM

Come join us at this writer's group that provides aspiring writers a forum for their literary work and feedback from their peers in a respectful and friendly environment. This is a chance for you to grow in your craft and help others improve in the art of writing. The group meets the first and third Monday of most months. If you are not ready to share your writing, feel free to observe and listen or even offer your comments during one of our scheduled meetings.

### **Paint With Us**

SATURDAY, FEBRUARY 25, 1 - 3 PM

SUNDAY, FEBRUARY 26, 1 - 3 PM

#### **Floral Vase**

Enjoy step-by-step instruction with our experienced and enthusiastic instructor. You'll leave with a one-of-a-kind creation to enjoy! Cost: \$5 per person. All art materials supplied. Registration begins one month prior via telephone or in person at the library. Ages 18 & up.



Looking for a career update, help with your resume, investment resources or small business support? The Business & Career Center at Fredricksen offers workshops and sessions to help you succeed and meet your goals. Find out how the BCC can open paths to new opportunities!

Get details and register for  
free programs & workshops at  
[bcc.fredricksenlibrary.org](http://bcc.fredricksenlibrary.org)

## **FREE CAREER DEVELOPMENT RESOURCES**

### **Career Guidance Sessions**

30-minute appointments; afternoon & evening times available. Resume Review, Career Support and Relevant Resources—choose this one-on-one session to receive feedback that encourages action to define & refine your goals.

We can also offer any available (current or past) Business & Career Center (BCC) workshop to be conducted in a Guidance Session appointment, choose the time option to best suit your availability.

## **INVESTMENT SERIES**

### **Investing 101**

THURSDAY, FEBRUARY 9 AT 6 PM

Discuss types of investments, technology, diversification, researching before you invest, and the "power" of compound interest.

## **UPCOMING WORKSHOPS**

### **Career Exploration Workshop**

TUESDAY, FEBRUARY 7 AT 10:30 AM

Identify skills & interests to find the right career path, upgrade through education, training, or change careers, no matter your current employment situation.

### **Resume Writing Workshop**

TUESDAY, FEBRUARY 14 AT 10:30 AM

Learn how the Applicant Tracking System (ATS) software reads your resume to increase your chances to hear back from employers by using industry highlights & keywords!

### **Meditation to Calm the Mind**

THURSDAYS 12 - 12:30 PM

Learn short, easy 15-minute meditations to calm the mind. Meditation is an ancient tool to calm anxiety, worry, depression, and more. Led by Buddhist nun, Kelsang Chondzin, a teacher and practitioner of almost 20 years, these meditations are suitable for people of any religion. Everyone is welcome!

### **Philosopher's Roundtable**

MONDAY, FEBRUARY 13, 2 - 3:30 PM

This round table discussion will apply the Socratic Method to help delve into philosophical discussions and give you an opportunity to share your opinions in a neutral and respectful way without interruption. Each month the group will choose a philosophical issue and everyone attending will have the opportunity to learn and discuss with others in an open and respectful environment. Ages 18 and up, please. Registration is suggested. The group typically meets the second Monday of each month.

### **Microsoft Office—Excel Basics**

TUESDAY, FEBRUARY 21 AT 10:30 AM

Learn beginner-level skills or update your older version skills in Microsoft Excel 2019 (using BCC laptops).

### **Google Suite Overview**

TUESDAY, FEBRUARY 28 AT 10:30 AM

An introduction to Google's own set of productivity and creation tools. Feel free to bring your own device (or use a BCC laptop) to learn more about this versatile, free platform.

### **Get That Job! Workshop**

Register for a Career Guidance Session to request this workshop! Helpful tips & resources that portray your best self to potential employers through an updated resume, concise cover letter, & targeted interview resources.

### **"The Job Interview--Q & A with an HR Professional" Open Session**

WEDNESDAY, FEBRUARY 22, 2 - 4 PM

(no registration necessary) An HR professional will be available in the BCC during these open hours to answer your questions--prepare for interviews and pick up some resources to improve your interview experience!

## **SMALL BUSINESS DEVELOPMENT WORKSHOPS**

### **INTRODUCTION TO ENTREPRENEURSHIP SERIES**

#### **Setting Up Your Business** Session 1 of 3

THURSDAY, FEBRUARY 2, 6PM-7PM

Discuss various forms of structuring your business, separating business money from personal money, and keeping records.

### **SMALL BUSINESS OWNER SUPPORT SERIES**

#### **Market Research** Session 1 of 3

THURSDAY, FEBRUARY 16, 6PM-7PM

Review the importance of understanding your market and outside influences & explore useful database sources as well as how your library can assist you!

### **HOME-BASED BUSINESS ROUNDTABLE w/ SCORE**

2ND TUESDAYS OF EACH MONTH, 12-1:30 PM OR

4TH TUESDAYS OF EACH MONTH, 6-7:30 PM

Register now on our website!

Join other small business owners to network and share ideas to fine-tune best practices that support success.

### **Indie & Foreign Film Fridays**

FRIDAY, FEBRUARY, 10, 2 PM

#### **FROM USA: Life, Animated**

Owen Suskind is a young man who couldn't speak as a child until he discovered a unique way to communicate by immersing himself in the world of Disney animated films. Rated PG.

Our Indie & Foreign Film Fridays are continuing through the winter. You are also encouraged to join us for our film discussions! Much like a book group, you will watch the film then if you like, join us for a moderated discussion. You must have watched the film to participate in the discussion. Sponsored by Bill and Jane Murray.

### **Computer Basics**

WEDNESDAY, FEBRUARY 15, 11 - 12 PM

Improve your basic computer skills. Use our laptops or bring your own! In this session, we will introduce the parts of the computer, identify, and use essential keys on the keyboard, and work on mouse skills.

### **Device Advice**

FEBRUARY 1, 2, AND 16, 10 AM - 12 PM

Need hands-on help with your smartphone, tablet, laptop or e-reader? Sign up for a thirty-minute Device Advice session for in person assistance. Bring your personal tablet, laptop, smartphone, or e-reader with you. Make sure you have all passwords you might need during the session.

## **TEEN PROGRAMS**

Ages 13-18. Registration required.

### **Teen Writers' Meetup**

TUESDAY, FEBRUARY 14, 6 - 7:30 PM

The Teen Writers' Meetup combines our Teen Comics Club and The Plot Twisters to form one epic creative super group. Open to writers of comics, manga, novels and poetry.

### **Book Keepers Teen Book Club**

THURSDAY, FEBRUARY 9, 6 - 8 PM VIA ZOOM

#### **Five Survive by Holly Jackson**

Our book club meets once a month to discuss a great YA or classic book. Copies of the book will be provided. Book selection will be posted on the Eventbrite registration page for each session. This program is for teens ages 15-18.

### **Teen STEAM Meetup**

WEDNESDAY, FEBRUARY 1, 5 - 6 PM

Explore the sciences with awesome hands-on activities and STEAM crafts.

### **Teen Advisory Group**

THURSDAY, FEBRUARY 16, 7 - 7:45 PM VIA ZOOM

TAG is a service oriented group of teens. TAG members help plan teen programs and perform service projects around the library. The group meets monthly via Zoom. The group will also meet in person for special library projects.

## **TWEEN PROGRAMS**

Ages 9-12. Registration required.

### **TWEEN S.T.E.A.M. Meetup**

WEDNESDAY, FEBRUARY 15, 5:15 PM

Each month we meetup to explore the sciences through cool projects.

### **TWEEN LEGO Club**

TUESDAY, FEBRUARY 28, 6 PM

Meetup with other LEGO mega-fans. We have loads of bricks and specialty pieces so you can create amazing builds. Each session will also feature a special Challenge build.

### **TWEEN LEGO BINGO**

SATURDAY, FEBRUARY 11, 2 PM

Don't miss this special version of BINGO where we will play for specialty LEGO pieces, accessories, minifigures and more. Plus we will play rounds for whole LEGO sets!!



## CHILDREN'S PROGRAMS

For more details or to register go to  
fredricksenlibrary.org or call 761-3900 x 229.

### STORY TIMES

Storytime is a beloved tradition that helps set the foundation for the joy of reading.

#### Winter Baby & Toddler Storytime

MONDAYS AND WEDNESDAYS AT 10 AM  
(NO STORYTIME FEBRUARY 27TH)

Storytime is a beloved tradition that helps set the foundation for the joy of reading. Baby and toddler storytime engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 0-2. Registration required.

#### Winter Children's Storytime

MONDAYS AND WEDNESDAYS AT 11 AM  
(NO STORYTIME ON FEBRUARY 27TH)

Storytime is a beloved tradition that cultivates and grows a joy of reading. Children's storytime engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 2 and up. Registration required.

#### Disney Storytime

4TH THURSDAY OF THE MONTH, 9:30-10 AM  
*Beauty and the Beast*

We are taking our storytime and adding sparkle to it. Each month a Disney book will be selected and a coloring page or craft associated with that story will be available. These Disney Storytimes are also great times to dress up as your favorite character from the monthly story. Recommended ages 3-5. Registration required.

## GENERAL PROGRAMMING

#### American Girl Book Club

TUESDAY, FEBRUARY 28, 6:30 - 7:30 PM

Each month we will read about an American Girl character, then meet to discuss each girl. During our meetings we will get to know each other and our favorite American Girls. Bring your American Girl or friend (Our Generation, etc.) doll with you to participate in activities. Recommended ages 8-12. Registration required.

#### Chess Club

FRIDAY FEBRUARY 3, 6:30 - 8:30 PM

Volunteers from the Harrisburg/West Shore Chess Club will be on hand to assist young chess players and match up competitors. Join us and have fun! Participants are asked to bring a chess set if possible, but not required. No registration required. Recommended ages 5-13. No Registration Required.

#### Costume Day at the Library

1ST THURSDAYS OF THE MONTH ALL DAY

*February - Disney Day*

Bring your little ones for a fun themed dress up day. Books matching the theme will be available for reading and checkout. Don't have a costume to wear matching our theme or have time to make one? Have your little one wear any costume they have or enjoy dress-up with our bin of masks and hats. All ages welcome. No registration required.

#### Discovery Zone Fun!

ALL YEAR LONG IN THE CHILDREN'S LIBRARY  
CRAFT CORNER, MONDAYS

BLOCK PARTY, FRIDAYS, 10 AM - 4 PM

Bring your little ones to play with our developmental toys and take part in special activities during the mornings. All ages welcome. No Registration Required.

#### Family Paint & Pix!

FRIDAY, FEBRUARY 17, 6 - 8 PM

Join us for a night of creativity and cinemas. Kid's Paint Night will be followed by a drop in family movie. Kids are invited to participate in a movie-based guided painting before the family film starts. Films will be rated G or PG. Registration required.

#### Library for Lunch

3RD FRIDAYS

FEBRUARY 17, 11 AM - 12:30 PM

*Special Days (President's Day / Dental Health Month / Valentine's Day)*

Bring your preschooler (ages 4+) to Library for Lunch! This award-winning program was designed to help your child get ready for school by enjoying some learning activities and practicing having lunch at "school." After storytime and learning activities, your child (with your help) will eat lunch at the library as well as go through the "lunch line" to pick up a drink and sweet treat. We'll even have play money so that they can practice paying for their lunch. Children should bring a bagged lunch, and the library will provide a sweet treat. This program is recommended for preschoolers ages 4 - 6, but younger and/or older siblings may attend. Please indicate number of attendees when registering. Registration is required.

#### Library AFTER Lunch

3RD FRIDAYS

FEBRUARY 17, 1 - 2:30 PM

*Special Days (President's Day / Dental Health Month / Valentine's Day)*

Bring your preschooler (ages 4+) to Library AFTER Lunch! We'll have learning activities and centers set up around the room for your preschooler (with your help) to play and practice their get-ready-for-school skills. This program is recommended for preschoolers ages 4 - 6, but younger and/or older siblings may attend. No registration required.

## FEATURED EVENTS

#### Eloise's "Rawther" Chic Library Party!

SATURDAY, FEBRUARY 4, 2 - 3 PM

You are invited to Eloise's "Rawther" Chic Library Party! A hilarious book character, six-year-old Eloise, will travel all the way from the Plaza hotel in NYC (and the pages of her books) to spend the afternoon at Fredricksen. There will be songs, storytime, crafts, and much more! Ideal for ages 6 and up. Registration required.

#### Vaccine Safety and Medical Play Storytime

FRIDAY, FEBRUARY 10, 10 AM

Please join the South Central PA Medical Reserve Corps for a fun-filled medical play story time to address the fears children often experience when going to the doctor to get a vaccine and to teach them about the way vaccines keep our bodies healthy. At the conclusion of the story, children will have a chance to play with a medical toy kit and give a pretend vaccine to a stuffed animal. Our primary goal is to ease the fears surrounding vaccines and help children feel more comfortable. Resources will also be available for accompanying adults.

#### Meet & Greet Library Pups

THURSDAYS, FEBRUARY 9 & 16, 10 - 11 AM

Come meet our favorite library pups, Calvin & Hobbes. Registered therapy team Mr. Gregg and Calvin & Hobbes offer children the opportunity to interact with dogs and build self-esteem. All ages welcome. No Registration Required.

#### Book Explorers

MONDAYS FROM 5:30 - 6:30 PM

*Feb 6 - Pink is Not a Color*

*Feb 13 - Valenslime*

*Feb 27 - The Day the Crayons Quit*

Join us each week to explore a different book. We will read the story, then participate in crafts and activities that relate to the story. Recommended ages 3-6 years old. Registration required.

#### Peaceful Poses Yoga Story Times

FRIDAY, FEBRUARY 24, 10 - 10:45 AM

Yoga classes and story times designed just for kids! Join Ann Fields, founder of Peaceful Poses Kids Yoga, for some mindful movement, deep breaths, and ways we can learn about our feelings. We read books, listen to music, and move our bodies. Ages 2 1/2 - 5 years old. Registration required.

#### Read to Dogs

TUESDAYS, FEBRUARY 7 & 21, 6:30 - 8 PM

Specially trained dogs from K-PETs will be at the library to listen to children read aloud. This program is helpful to children who may be shy or reluctant to read aloud and will encourage them to practice reading independently. For budding readers. Recommended ages 6 - 12. Registration required.

#### World Explorers

2ND MONDAY OF EACH MONTH

FEBRUARY 13, 6 - 7 PM

*February: Columbia*

Explore the world and learn about different cultures and people around the globe. Program includes reading, activity, and discussion. Each month features a different country or region. Recommended ages 6 to 8 years old. Registration required.

#### Young Explorers

2ND SATURDAY OF THE MONTH

FEBRUARY 11, 1:30 - 2:30 PM

*February: Humpback Whales*

This Young Explorers group will learn about art, science, history, and more in their quest to learn more about the world around them. Program includes reading, activity, and discussion. Recommended ages 6 to 8 years old. Registration required.

#### Family Crafternoons

4TH MONDAYS 2 - 4 PM

Join us monthly for a family crafternoon. Learn to sew, use the cricut machine, make your own creation on our 3D Printer, and more. Limited to 12 individuals per time slot. Recommended ages 8 - 18. Please include children and adults when making reservations.

#### Roots and Shoots Program

1ST MONDAY OF EACH MONTH

FEBRUARY 6, 6 - 7 PM

This program developed by Jane Goodall is a youth service program which helps empower young people to become leaders who build a better world. The mission of the program is to foster respect and compassion for all living things, to promote understanding of all cultures and beliefs, and to inspire each individual to take action to make the world a better place for people, other animals, and the environment. Recommended ages 5-8. Registration required.

#### STEAM for Kids

1ST TUESDAY OF THE MONTH

FEBRUARY 7, 1 - 2 PM

*February - Soap making*

Join us for a STEAM program discovering various crafts, art, and artistic methods used around the world. Recommended ages 8-10 years old. Registration required.

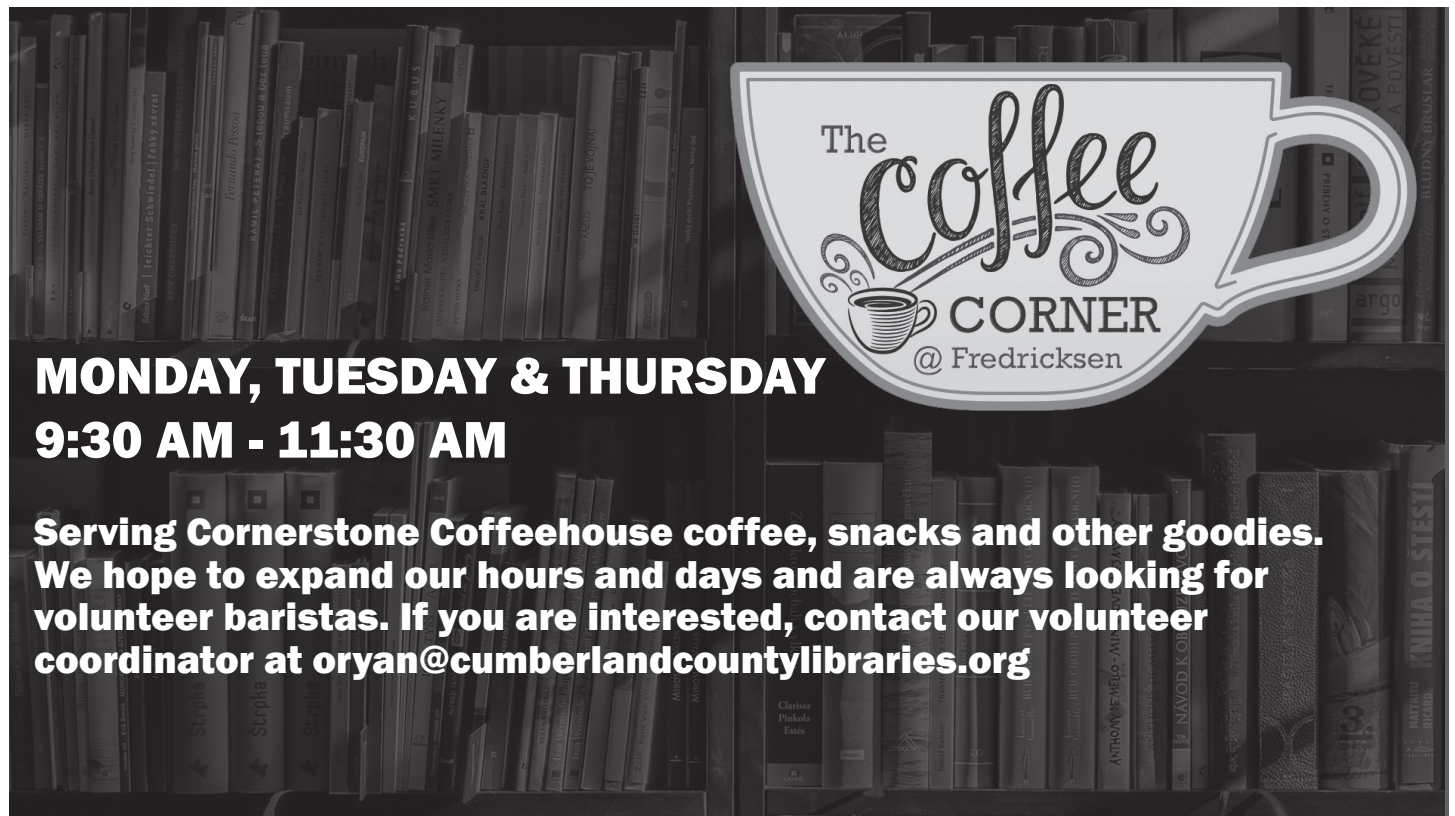
#### STEM


2ND TUESDAY OF THE MONTH

FEBRUARY 14, 1 PM AND 6 PM

*Learn about the multi-chamber organ, the heart.*

Get ready to explore, create, learn, and experiment in our STEM (Science, Technology, Engineering, and Math) monthly meetups. STEM activities are a great way to discover concepts and promote skills that are scientific, creative, and collaborative. Each STEM program includes concept learning and experimentation or creation of a project based on the topic. Recommended ages 8-10 years old. Registration required.





**MONDAY, TUESDAY & THURSDAY**  
**9:30 AM - 11:30 AM**

**Serving Cornerstone Coffeehouse coffee, snacks and other goodies. We hope to expand our hours and days and are always looking for volunteer baristas. If you are interested, contact our volunteer coordinator at [oryan@cumberlandcountylibraries.org](mailto:oryan@cumberlandcountylibraries.org)**

**Donation Station**  
**FIRST SATURDAY OF THE MONTH 1 - 3 PM**  
 An easier way to donate your books and media! Please park in the lower parking lot off Walnut Street near the sidewalk. Donations all other times are limited to one box or less at the Reference Desk when open.

<b>Cleve J. Fredricksen Library</b>	<b>East Pennsboro Branch Library</b>
100 N. 19th Street, Camp Hill, PA 17011	98 South Enola Drive, Enola, PA 17025
(717) 761-3900	(717) 732-4274
<a href="http://fredricksenlibrary.org">fredricksenlibrary.org</a>	<a href="http://eastpennsborobranch.org">eastpennsborobranch.org</a>
MON: 9:00 am - 9:00 pm	MON: 11:00 am - 4:00 pm
TUE: 9:00 am - 9:00 pm	TUE: 10:00 am - 8:00 pm
WED: 9:00 am - 6:00 pm	WED: 10:00 am - 8:00 pm
THU: 9:00 am - 9:00 pm	THU: 10:00 am - 8:00 pm
FRI: 9:00 am - 9:00 pm	FRI: 11:00 am - 4:00 pm
SAT: 1:00 pm - 5:00 pm	SAT: 10:00 am - 2:00 pm
SUN: 1:00 pm - 5:00 pm	SUN: CLOSED - CLOSED

