



FREDRICKSEN LIBRARY



DECEMBER 2022

Cleve J. Fredricksen Library

100 N. 19th Street, Camp Hill, PA 17011 • 717-761-3900
Hours: Mon Tues Thu Fri 9-9, Wed 9-6, Sat & Sun 1-5

East Pennsboro Branch Library

98 S. Enola Drive, Enola, PA 17025 • 717-732-4274
Hours: Mon & Fri 11-4, Tues - Thu 10-8, Sat 10-2, Closed Sun

fredricksenlibrary.org

eastpennsborobranch.org

LIBRARY CLOSINGS

DECEMBER 24 CLOSED
DECEMBER 25 CLOSED
JANUARY 1 CLOSED

ADULT PROGRAMS

Ages 18+. For more details or to register go to fredricksenlibrary.org or call 761-3900 x 225.

FEATURED PROGRAMS

Meditation to Calm the Mind

THURSDAYS, 12 PM - 12:30 PM

Learn short, easy, 15-minute meditations to calm the mind. Meditation is an ancient tool to calm anxiety, worry, depression, and more. Led by Buddhist nun, Kelsang Chondzin, a teacher and practitioner of almost 20 years, these meditations are suitable for people of any religion. Everyone is welcome! No registration necessary.

Peaceful Poses for Adults

FRIDAY, DECEMBER 9, 9 AM

Join Ann Fields, founder of Peaceful Poses Kids Yoga, for an adult slow flow yoga class. This new class at Fredricksen will explore yoga poses, breathing techniques and ways to deal with stress and anxiety. This 45 minute class is open all levels and no experience is necessary. Please wear comfortable clothing and bring a water bottle and yoga mat.

CONCERT

Holiday Harp & Handbells Concert

MONDAY, DECEMBER 12 AT 7 PM

Get into the holiday spirit with a relaxing evening of carols and holiday music. Louis Lynch (harpist) and the First UMC Handbell Choir (their 15th year performing at the library!) will delight your senses and transport you from the hustle and bustle of the holiday season with a variety of music to soothe and rest your soul. The concert will be held upstairs in the Atrium of Fredricksen library.

BOOK DISCUSSIONS

For ALL Book Discussions: You must have read or listened to the book to attend. Ages 18 and older. Registration open.

Moving Forward Book Group

via Zoom
WEDNESDAY, DECEMBER 7 - 1 - 2 PM

Crying in H Mart by Michelle Zauner

Join us for Moving Forward, a book discussion series geared towards those who have suffered a loss or tragedy and could use an infusion of hope. In cooperation with Hospice of Central PA, we will be reading books focusing on the redemptive power of the human spirit. You must have read or listened to the book to attend. Ages 18 and older, please.

Curl Up with the Classics

TUESDAY, DECEMBER 6, 10 - 11 AM, HYBRID (SMALL MEETING ROOM AND ZOOM)

Oh, Money! Money! by Eleanor H. Porter

Join us as we read a delightful book by the author of Pollyanna. Millionaire Stanley Fulton gives each of his distant cousins \$100,000 and secretly watches what they do with it. Will he be discovered?

Fredricksen Reads via Zoom

TUESDAY, DECEMBER 13, 7 - 8 PM, ZOOM

True Biz by Sara Novic

Join us for this month's discussion of a novel about "an unforgettable journey into the Deaf community and a universal celebration of human connection."

FEATURED EVENTS

Donation Station

FIRST SATURDAY OF THE MONTH 1 - 3 PM

An easier way to donate your books and media! Please park in the lower parking lot off Walnut Street near the sidewalk. Donations all other times are limited to one box or less at the Reference Desk when open.

Holiday Book Tree

NOV. & DEC. IN THE FREDRICKSEN ATRIUM.

For a minimum \$10 donation, patrons are able to have a name placed on a book honoring a loved one or your family for the 2022 holiday season. The tree will be on display November 7 - January 7.

LANGUAGE AT THE LIBRARY

Language immersion conversation groups meet on a regular basis. Our expert leaders will guide you through conversation and culture of your chosen language. Some experience is necessary.

Italian via Zoom

2ND & 4TH THURSDAYS, 12:30 - 1:30 PM

Spanish - Beginner & Intermediate Conversation

FIRST AND THIRD THURSDAYS, 10 - 11 AM

Spanish - Fluent Speakers Conversation

THURSDAYS, FROM 10 - 11 AM

French - All levels

THURSDAYS, FROM 1 - 2 PM

RECURRING PROGRAMS

See the website for more info on these programs.

Great Stories

2ND WEDNESDAYS

DECEMBER 14, 10 - 11:30 AM

Join this monthly group as we explore the best American and English short stories. Read and discuss two stories a month from 100 Years of the Best American Short Stories by Lorrie Moore and Heidi Pitlor. Book must be purchased independently.

The War Room: MILITARY HISTORY ROUNDTABLE

1ST TUESDAY, 6 - 8:30 PM

Dec 6 topic: Battle of Hastings 1066

Share in meaningful discussions about battles and other events. Registration suggested, but not required. Ages 16+

Central PA Blood Bank Blood Drive

FRIDAY, DECEMBER 2, 10 AM - 5:30 PM

Come and donate in Fredricksen's lower parking lot (Walnut Street). The Central PA Blood Bank will be here on the first Friday of every month. We strongly suggest you schedule an appointment to donate blood. If you have any questions about donating, call Central Pennsylvania Blood Bank at 1-800-771-0059 or visit www.cpbb.org.

Fredricksen Writes via Zoom

1ST AND 3RD MONDAYS,

DECEMBER 5 AND 19, 6:45 - 8:45 PM

Come join us at this writer's group that provides aspiring writers a forum for their literary work and feedback from their peers in a respectful and friendly environment.

Paint With Us

SATURDAY & SUNDAY, DECEMBER 17 & 18, 1-3 PM
Snowman Sunset

Enjoy step-by-step instruction with our experienced and enthusiastic instructor. You'll leave with a one-of-a-kind creation to enjoy! Cost: \$5 per person. All art materials supplied.

Indie & Foreign Film Fridays & Discussions

FRIDAY, DECEMBER 9, 2 - 4 PM FOLLOWED BY DISCUSSION

From USA: The Shop Around the Corner

Two employees at a gift shop can barely stand each other, without realizing that they are falling in love through the post as each other's anonymous penpal. This movie starring Jimmy Stewart, which inspired the film *You've Got Mail*, will put you in a festive holiday mood. Not rated.

Philosopher's Roundtable

2ND MONDAYS, DECEMBER 12, 2 - 3:30 PM

Each month the group will choose a philosophical issue and everyone attending will have the opportunity to learn and discuss with others in an open and respectful environment. What a great way to expand your mind and reach further with your thoughts!



BUSINESS & CAREER CENTER
@ Fredricksen

Get details and register for free programs & workshops at bcc.fredricksenlibrary.org

Career Development Resources

CAREER GUIDANCE SESSIONS

Resume Review, Career Support, Relevant Resources—choose this one-on-one private session to receive feedback that encourages action to define & refine your goals. 30-minute appointments available.

Career Exploration Workshop

TUESDAYS, 10:30AM OR 4:30PM

Identify skills & interests to find the right career path, upgrade through education, training, or change careers—no matter your current employment situation.

Resume Writing Workshop

THURSDAYS, 10:30 AM OR 4:30 PM

Learn how the Applicant Tracking System (ATS) software reads your resume to increase your chances to hear back from employers by using industry highlights & keywords!

Get That Job! Workshop

FRIDAYS, 10:30AM

Helpful tips & resources that portray your best self to potential employers through an updated resume, concise cover letter, & targeted interview resources.

TEEN PROGRAMS

Ages 13-18. Registration required.

Teen Crafternoons in the KCS

SUNDAY, DECEMBER 11, 2 - 4 PM

Gingerbread House decorating and Elf, the movie.

Teen Writers' Meetup

TUESDAY, DECEMBER 13, 6 - 7:30 PM

The Teen Writers' Meetup combines our Teen Comics Club and The Plot Twisters to form one epic creative super group. Open to writers of comics, manga, novels and poetry.

Book Keepers Teen Book Club via Zoom

THURSDAY, DECEMBER 8, 6 - 8 PM

Legendborn by Tracy Deonn

Our book club meets once a month to discuss a great YA or classic book. Copies of the book will be provided. Book selection will be posted on the Eventbrite registration page for each session. This program is for teens ages 15-18.

Teen STEAM Meetup

WEDNESDAY, DECEMBER 7, 5 - 6 PM

Healing Plants – we'll explore using herbs and botanicals in cooking, aromatherapy and body care.

Teen Advisory Group via Zoom

THURSDAY, DECEMBER 15, 7 - 7:45 PM

TAG is a service oriented group of teens. TAG members help plan teen programs and perform service projects around the library. The group meets monthly via Zoom. The group will also meet in person for special library projects.

FEATURED PROGRAM

4-H Informational Event

THURSDAY, DECEMBER 8, 6:30 PM

Are you interested in learning about 4-H? Come learn more about America's largest youth program with Pennsylvania 4-H State Council member Alexandria Neff. Alexandria will present an interactive presentation for listeners to learn more about the 4-H organization and explore various project areas for youth in 4-H. Recommended for school-aged children, teens, and their families.

TWEEN PROGRAMS

Ages 9-12. Registration required.

TWEEN S.T.E.A.M. Meetup

WEDNESDAYS, DECEMBER 14 & 21, 5:15 PM

We are making Ice Lanterns in this 2 part program. You must be able to attend both December 14th and 21st sessions.

Each month we meetup to explore the sciences through cool projects.

TWEEN LEGO Club

TUESDAY, DECEMBER 20, 6 PM

Meetup with other LEGO mega-fans. We have loads of bricks and specialty pieces so you can create amazing builds. Each session will also feature a special Challenge build.

TWEEN LEGO BINGO

SATURDAY, FEBRUARY 11, 2 PM I

Don't miss this special version of BINGO where we will play for specialty LEGO pieces, accessories, minifigures and more. Plus we will play rounds for whole LEGO sets!!

SANTA'S WORKSHOP

Saturday, December 10, 1 - 4 PM

Recommended ages 4-18. Registration required.

This event will have two identical sessions: 1 pm and 2:30 pm. Register for one session only.

CHILDREN AGES 4-18

Santa's elves have brought a workshop to Fredricksen Library just for kids! Help Santa's elves by making gifts for your family. Enjoy holiday music, hot chocolate, face painting and the season of giving.

TEENS AGES 13-18

In addition to what we have to offer for all children 4-18, the teen craft project choices include: 3D Snowflake Paper Lanterns, Snowman Tea Light Ornaments, fridge magnets, ornaments and snow globes.

CHILDREN'S PROGRAMS

For more details or to register go to fredricksenlibrary.org or call 761-3900 x 229.

STORY TIMES

Storytime is a beloved tradition that helps set the foundation for the joy of reading.

Winter Baby & Toddler Story Time

MONDAYS AND WEDNESDAYS AT 10 AM

NO STORYTIME ON DECEMBER 26TH & 28TH

Baby and toddler storytime engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 0-2.

Winter Children's Story Time

MONDAYS AND WEDNESDAYS AT 11 AM

NO STORYTIME ON DECEMBER 26TH & 28TH

Children's storytime engages participants with fun dynamic early learning activities with books, songs, and movement. Recommended ages 2 and up.

Peaceful Poses Yoga Story Time

FRIDAY, DECEMBER 2 & 9, 10 - 10:45 AM

Yoga classes and story times designed just for kids! Join Ann Fields, founder of Peaceful Poses Kids Yoga, for some mindful movement, deep breaths, and ways we can learn about our feelings. We read books, listen to music, and move our bodies. Recommended ages 2 1/2 - 5 years old.

GENERAL PROGRAMMING

Discovery Zone Fun for all ages!

CRAFT CORNER, MONDAYS, 10 AM

BLOCK PARTY, FRIDAYS, 10 AM - 4 PM

Meet & Greet Library Pups

DECEMBER 8, 15 & 29, 10 - 11 AM

Come meet our favorite library pups, Calvin & Hobbes. Registered therapy team Mr. Gregg and Calvin & Hobbes offer children the opportunity to interact with dogs and build self-esteem. All ages welcome. No Registration Required.

World Explorers

MONDAY, DECEMBER 12, FROM 6 - 7:30 PM

Theme: Iceland

2nd Monday of each Month in the Kunkel Creation Station. Learn about different cultures and people around the globe. Reading, activity, and discussion. Recommended ages, 6 to 8 years old.

Read to Dogs

1ST & 3RD TUES, DECEMBER 6 & 20, 6:30 - 8 PM

Specially trained dogs from K-PETs will be at the library to listen to children read aloud. Helpful to children who may be shy or reluctant to read aloud and will encourage them to practice reading. For budding readers ages 6 - 12.

Mission Transition

MONDAYS FROM 6 PM - 7 PM

NO MISSION TRANSITION ON DECEMBER 26TH

Help your child with their kindergarten readiness. Mission Transition allows your child to practice skills that will benefit them in kindergarten, meet other students from their school, and build their confidence as they begin their educational journey. Miss Kayla will work with students who will be entering kindergarten in the fall of 2023.

Library for Lunch

FRIDAY, DECEMBER 16, 11 AM - 12:30 PM

This month we'll be talking Gingerbread and decorating cookies!

Stories, songs, and activities to correspond to the monthly theme all designed to help your child get ready to go to school! Children should bring a bagged lunch, and the library will provide a sweet treat. For preschoolers ages 4 - 6, but younger and/or older siblings may attend.

Library AFTER Lunch

3RD FRIDAYS, DECEMBER 16, 1 - 2:30 PM

Bring your preschooler (ages 4+) to Library AFTER Lunch! We'll have learning activities and centers set up around the room for your preschooler (with your help) to play and practice their get-ready-for-school skills. This program is recommended for preschoolers ages 4 - 6, but younger and/or older siblings may attend. No registration required.

Chess Club

FRIDAYS, DECEMBER 2, 6:30 - 8:30 PM

Volunteers from the Harrisburg/West Shore Chess Club will be on hand to assist young chess players and match up competitors. Join us and have fun! Participants are asked to bring a chess set if possible, but not required. Recommended ages 5-13.

Family Paint & Pix!

FRIDAYS, DECEMBER 16, 6 - 8 PM

Join us for a night of creativity and cinemas. Kid's Paint Night will be followed by a drop in family movie. Kids are invited to participate in a movie-based guided painting before the family film starts. Films will be rated G or PG. Registration required.

Roots and Shoots Program

1ST MONDAY OF EACH MONTH

DECEMBER 5, 6 - 7 PM

This program developed by Jane Goodall is a youth service program which helps empower young people to become leaders who build a better world. The mission of the program is to foster respect and compassion for all living things, to promote understanding of all cultures and beliefs, and to inspire each individual to take action to make the world a better place for people, other animals, and the environment. Recommended ages 5-8. Registration required.

STEM

2ND TUESDAY OF THE MONTH

DECEMBER 13, 1 PM AND 6 PM

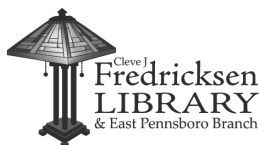
Experiment with making model-sized rubber-band and air-powered cars from everyday materials.

Get ready to explore, create, learn, and experiment in our STEM (Science, Technology, Engineering, and Math) monthly meetups. STEM activities are a great way to discover concepts and promote skills that are scientific, creative, and collaborative. Each STEM program includes concept learning and experimentation or creation of a project based on the topic. Recommended ages 8-10 years old.

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