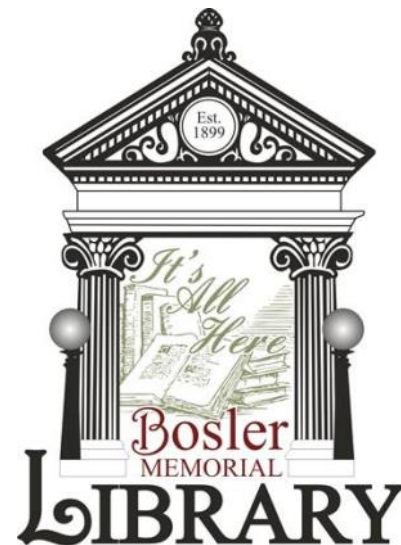


2021



Bosler Memorial Library

# Summer Quest

Read, Learn, Explore, Discover

Program

## Guide

Look inside for our Carlisle Institute for Lifelong Learning and Growing Learners Library summer programs!



[www.boslerlibrary.org](http://www.boslerlibrary.org)

# Welcome to the Library's 2021 SummerQuest

Welcome to the 2021 SummerQuest. During the summer months children risk losing up to two months of learning from the previous school year. Continued reading and learning experiences during the summer months is the most effective way for children to avoid suffering from what researchers call the "summer slide." This summer, the "summer slide" is compounded by the disruption to the school year due to the pandemic, making it even more difficult for children to retain what they have learned. It is critical that children continue the learning process throughout the year. Bosler Memorial Library's SummerQuest is a FREE and fun way to ensure that children experience quality reading and programming opportunities.

I want to thank all of the children who are going to be joining our program and committing to reading and learning throughout the summer. You are an inspiration to us all.

Parents, thank you for taking the time out of your busy schedules to make continued reading and learning during the summer months a priority in your home. The educational benefits are crucial to lifelong learning and school success.

Teens and adults, you are models for our children by showing them that reading is an enjoyable and important experience. Thank you for sharing your love of reading and lifelong learning.

Please take a moment to look at the list of our SummerQuest sponsors on page 20. Without them this program would not be possible. If you have the chance, please thank them.

Have a great summer, participate in the SummerQuest, and visit us often!

Jeffrey D. Swope, Executive Director

## Virtual Summer Kickoff!

### Fun Food, Healthy Food: A Puppet's Tale of Nutrition

**Saturday, June 5**

Join us for our SummerQuest kickoff featuring an exciting puppet's tale! We'll be making pizza, visiting our friends at the Dickinson Farm, learning about calories, and even have a Yoga lesson!

**Video available at 10am on Bosler's Facebook and YouTube Channels.**

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### Program Registration

For programs requiring registration you can click "Register Here" inside the program description.

You can also call the Library at (717) 243-4642 for assistance in registering.

## How it Works!

**Join the SummerQuest and be a part of a community of learners, because at any age, and at any stage, reading and lifelong learning are a part of a healthy, happy, and vibrant life!**

### Who can Join

Bosler's SummerQuest is open to all ages! We have special prizes for kids, teens and adults!

### How to Join

Register online at <https://boslerlibrary.beanstack.org>. You can also register by stopping at any of the Library's service desks and filling out a paper registration form.\*

### What to Do

**READ!** Read books, picture books, graphic novels, magazines, you can even listen to audiobooks! Each time you read, log the number of minutes you read (or use the special Beanstack Tracker App which logs it for you). As your minutes of reading accumulate you will earn badges which come with special prizes.

**Parents:** Don't forget that reading to your child (or with your child) can also be counted (for you and your child), no matter how young they are. After all, time shared reading together, and to one another, is as valuable as reading alone.

### What's the Outcome

The more reading and activities you complete, the more badges you will earn, which means more prizes!

For Kids (ages birth through 12) each badge you earn comes with a prize, which can be collected by making arrangements with the Youth Services Department, by visiting or calling (717) 243-43642 ext. 2231.

For Teens (13 through 17) and Adults (18+) each badge will reward tickets that can be used to enter the drawings of your choice!

**Note:** Adults and teens may win in more than one of the drawings. Being a winner in one of the drawings does not disqualify adults and teens from winning in another drawing or grand prize, as long as they have used tickets to enter the drawing.

**\*To get the most enjoyment out of our SummerQuest we recommend using the online platform as opposed to paper forms.**

### "Library2Go" App!

- Search for materials
- Place or cancel holds
- Renew items
- Browse upcoming events
- And more!



Search "Cumberland County Library System"



# Performers for Families

## Mother Nature, presented by Kit's Interactive Theatre

Available from June 14 – June 21

Format: YouTube; Registration Required. [Register Here](#)

Ages: Preschool and older

Kitty Jones performs her one-woman show titled, "Mother Nature." The program combines improvisation, dance, and music where audience members are cast right into the show! The delicate balance of ecosystems is revealed by Mother Nature and her friends. Respect for our good Earth and all her creatures is whimsically, yet, poignantly depicted.



## Tales & Tails with Storyteller Judy England-McCarthy

Tuesday, June 29 at 7:00 pm

Format: GoToMeeting; Registration Required. [Register Here](#)

Ages: Preschool and older

Join storyteller Judy England-McCarthy for some great tales about critters with tails! What do a complaining bird, a lizard, a tortoise, a giraffe, and a tiger all have in common? A whole lot of fun, with these great stories!

Judy England-McCarthy is a published Author and Poet. Her professional career as a storyteller began in 2009 and as a workshop facilitator in the late 1990s. One of her original tales was performed at the National Storytelling Conference in 2013 and another online for them in 2020. As a member of several storytelling Guilds and National Storytelling Network, Judy has performed at libraries, churches, schools, and various festivals including the Ground for Sculpture and Howell Farm. With a strong theatrical background her stories are filled with elements of humor and wisdom.

## Tails and Tales! A Music, Bubble, and Comedy Dance Party!

Tuesday, July 13 at 7:00 pm

Format: Zoom; Registration Required. [Register Here](#)

Ages: All Ages! \*Sensory and Autism Friendly\*

Flap your wings, jump up and down like five little monkeys jumping on the bed, and roar like a polar bear! This performance celebrates famous children's stories and songs about animals including a few written by adults on the autism spectrum! The show will also celebrate biodiversity - the more wild our planet is, the healthier it is! Kids will dance, sing, laugh, use their imaginations, and connect with new friends. The show is crafted to be inclusive for all children, including children on the Autism Spectrum, and a great time for parents and caregivers! Each song in the 40-minute show is accompanied by hands-on, visual, and sensory experiences designed to help kids learn and have fun at the same time. Presented by Turtle Dance Music.



## My Mother the Astronaut: a Traveling Lantern Theatre Company Production

July 18, 8:00 pm through July 25, 8:00 pm

Format: Traveling Lantern website with passcode. Registration Required. [Register Here](#)

All Ages welcome!

To the moon and beyond! Aquarius' mom is an astronaut and today is "Take your child to work day." Aquarius can't wait to go to NASA and find out what it takes to be in space! They visit Mission Control where she meets scientists and engineers who show her what they do and she learns all about space travel. Her imagination blasts off and she dreams of incredible journeys through the cosmos! Register no later than July 22 to receive the passcode to view the production.



## Summer 2021 Sessions

**Session Four: June 7 to July 11, registration opens May 24**

**Session Five: July 19 to August 22, registration opens July 6**

For programs requiring registration you can click “Register Here” inside the program description. You can also call the Library at (717) 243-4642 for assistance in registering.

## Baby Time Online!

**Wednesdays at 10:30 am**

**Session Four: 6/9, 6/16, 6/23, 6/30, and 7/7**

**Session Five: 7/21, 7/28, 8/4, 8/11, and 8/18**

**Format: Facebook; No Registration Required**

For parents of little ones age birth through 18 months, each short class features a new rhyme or song for you to do with your tyke, as well as giving you board book recommendations and ideas for other activities you can do to encourage play and learning.



## Preschool Storytime Online

Stories and activities  
for ages  
3 to 6 years



## Toddler Tales Online

**Session Four: 6/7, 6/14, 6/21, 6/28, and 7/5: [Register Here](#)**

**Session Five: 7/19, 7/26, 8/2, 8/9, and 8/16: [Register Here](#)**

**Format: YouTube; Registration Required**

**Ages: 18 – 36 months**

Join us each week for a new story and activity, just for toddlers and their caregivers!

## Preschool Storytime Online

**Session Four: 6/7, 6/14, 6/21, 6/28, and 7/5: [Register Here](#)**

**Session Five: 7/19, 7/26, 8/2, 8/9, and 8/16: [Register Here](#)**

**Format: YouTube. Registration required.**

**Ages: 3 – 6 years**

Join us each week for a new story and accompanying activity rhyme, song, or craft just for preschoolers and their caregivers!

Once you register for one of the storytimes above, you will have access to a new program on our YouTube Channel each week for the entire session. **Each week's program is posted at 10:00 am on Monday and is available until 9:00 pm the following Sunday, so you can enjoy it as many times as you like!**

## Snow in July?: A Storytime Special Series

**Monday through Friday, July 12 to July 16**

**Format: YouTube. Registration required. [Register Here](#)**

**Ages: 3-6 years**

Cool off during the summer heat with some great stories about SNOW! A new story and activities will be shared each day on our YouTube channel, just for kids ages 3 to 6 and their caregivers. So join us, as we sit back, relax, and think coooooool.



## Discovery Programs

### **Tell Me a Story**

**Saturdays, 6/12, 6/19, and 6/26 at 10:30 am**

**Format: Facebook; No Registration Required**

**Ages: 2-6 years**

Stories are just as much fun when shared with visual props instead of books. Kids and parents can join us on our Facebook page on Saturdays this month to experience stories in a new way!

### **Crafty Stories with Adeline**

**Saturdays, 7/3, 7/10, 7/17, 7/24, and 7/31 at 10:00 am**

**Format: YouTube; Registration required. [Register Here](#)**

**Ages: 3-6 years**

Preschool and kindergarten readers are invited to join us for some great stories and fun crafts! In each session, Adeline will share a story, then guide viewers through the steps to create a fun arts and crafts project inspired by the story.



### **Bosler All-Star Readers: 2021 edition**

**Monday, August 23 through Friday August 27 at 10:00 am each day**

**Format: YouTube; Registration required. [Register Here](#)**

**Ages: 3-6 years**



Meet some of the Bosler Memorial Library staff from outside the Youth Services Department as they share some great stories with you. A new story and activities will be shared each day on our YouTube channel, just for kids ages 3 to 6 and their caregivers. Register once for the entire week and we'll send you a link to each day's video.

*Bosler's Business Manager, Diana Robertson, Reading "Pirate's Perfect"*

### **Little Picassos: Preschool Art!**

**Format: GoToMeeting. Registration required, supply kit available.**

**Registration Limit: 15 per class, sign up for one or several! [Register Here](#)**

**Ages: 3-6 years**

Give your budding artist the chance to begin to explore the art world, with great stories and hands-on activities featuring different types of media, from paints to clay and more. Warning to parents: it might get messy! Once you register, you can pick up a kit of supplies at the Youth Services Desk, or through our curbside pickup service. Then tune in to our live virtual class on the designated date and time for the media you've chosen to explore. You'll hear a story and learn a little about the media you've chosen. Then you and your little artist can explore it for yourself using the materials supplied in your kit.

**Watercolors: Friday June 11 at 10:30 am**

**Pastels: Friday June 18 at 10:30 am**

**Clay: Friday June 25 at 10:30 am**

**Paper cutting: Friday July 2 at 10:30 am**



### **Summer 2021 Sessions**

**Session Four: June 7 to July 11, registration opens May 24**

**Session Five: July 19 to August 22, registration opens July 6**

For programs requiring registration you can click “Register Here” inside the program description. You can also call the Library at (717) 243-4642 for assistance in registering.

### **Art for Tots**

**Saturdays, 8/7, 8/14, 8/21, and 8/28 at 10:30 am**

**Format: Facebook; No Registration Required**

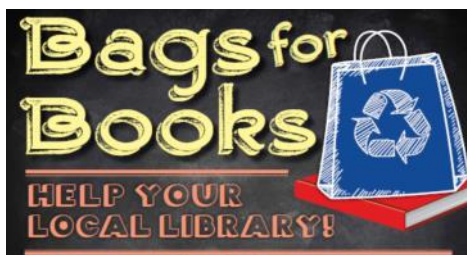
**Ages: 18-36 months**

Toddlers and two-year-olds have a natural curiosity and enthusiasm for creative art. These short weekly Facebook presentations will introduce toddlers and twos, and their caregivers, to some fun ways to start exploring art. From scribble boxes to paint dancing, you’re sure to find something fun!

## rowing Readers Birthday Book Club

card to the Youth Services Desk anytime during their birthday month, and we’ll give them a new paperback book to keep, our birthday gift to your special reader, to celebrate another year of growing and learning! To get the most out of the service, be sure to register your child before their first birthday, so they receive all five books! To participate, you must reside in Bosler Memorial Library’s service area, and you must register the child for a library card. You can register by calling the Youth Services Desk at 717-243-4642 ext. 2231, or online at [www.boslerlibrary.org](http://www.boslerlibrary.org). *This program is partially supported through funds received from the United Way of Carlisle and Cumberland County and Karns Quality Foods.*

Bosler’s Growing Readers Birthday Book Club is a special service just for children from birth to 5 years. Parents may register their child for the Birthday Book Club anytime before their fifth birthday, and the Library will send them a special birthday card each year, just before their birthday month. Bring your child and the



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RECYCLABLE BAG YOU USE**

### **Massage for the Childbearing Year (Carlisle Institute Class)**

**Sunday, June 13 at 2:00 pm**

**Format: GoToMeeting**

**Registration Required.**

Come learn about massage for the childbearing year with our official class on June 13! Licensed Massage Therapist, Camille Baughman, will present massage techniques for before, during, and after delivery. Camille will also show parents basic massage techniques for the babies.

## School Age Programs

### **Summer 2021 Sessions**

**Session Four: June 7 to July 11, registration opens May 24**

**Session Five: July 19 to August 22, registration opens July 6**

For programs requiring registration you can click “Register Here” inside the program description.  
You can also call the Library at (717) 243-4642 for assistance in registering.

#### **American Girls Club: Meet Kaya\***

**Monday June 21 through Thursday, June 24 at 11:00 am each day**

**Format: GoToMeeting; Registration required no later than June 18.**

**Registration Limit: 15. [Register Here](#)**

**Ages: 7-10 years**

Participants in this virtual book club will learn about life among the Nez Perce in the year 1764.

Each class will feature discussion of the book, as well as hands-on activities focusing on the crafts, food, and games of the time period. All participants will receive a copy of the book and a kit of supplies for the hands-on activities. Participants should plan to pick up their copy of the book and supply kit so they have time to read the first chapter before the first class.

#### **Meet the Artists: Storybook Art\***

**Monday July 5 through Thursday, July 8 at 11:00 am each day**

**Format: GoToMeeting; Registration required no later than July 2.**

**Registration Limit: 15. [Register Here](#)**

**Ages: 7-10 years**

Meet the Artists is an opportunity to “meet” famous artists through quality children’s literature, and explore their different artistic styles and media. In this four-class series, participants will meet some famous children’s book illustrators, explore examples of their work, and create their own art in that illustrator’s style. All participants completing the course will receive a free book of art activities to take home as well as a kit of supplies needed to complete the art projects. Participants should plan to pick up their supply kit so they have it in time to participate in the first class. The free art activity book will be available to participants who complete all four classes in the series, and will be available for pick up beginning Friday, July 9.

*\*American Girls Club and Meet the Artists are made possible with funds contributed by Weis Markets and Orrstown Bank through the Pennsylvania Educational Improvement Tax Credit program (EITC).*

#### **STEM Saturdays**

**Saturdays, 6/5, 6/12, 6/19, and 6/26 at 1:00 pm**

**Format: Facebook; No Registration Required**

**Ages: 8-12 years**

Tune in for science, tech, and math fun on Saturdays in June! We’ll show you how you can do some cool experiments using items you probably have at home or with kits you can pick up at the Library!



## School Age Programs

### Crafty Tweens

**Mondays, 8/2, 8/9, and 8/16 at 10:00 am**

**Format: YouTube; Registration required. [Register Here](#)**

**Ages: 8-12 years**

Are you crafty? If you answered yes, and you're between the ages of 8 and 12, then you'll want to join us as we try our hands at some different crafts. Once you've registered, we'll provide you with a kit of supplies for each week's activities, and send you the link to tune in on our YouTube channel to learn how to craft that week's project. Each week's program will be available for viewing from 10:00 am on the premiere date listed, until 9:00 pm the following Sunday, so you can watch and work at your own pace.

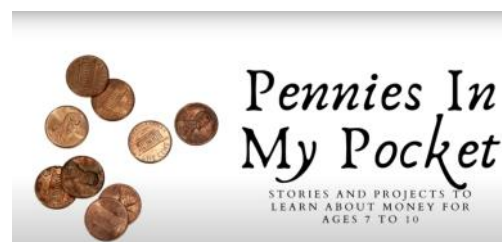
### Pennies in My Pocket

**Saturdays, 7/3, 7/10, 7/17, 7/24, and 7/31 at 10:00 am**

**Format: YouTube; Registration required. [Register Here](#)**

**Ages: 7-10 years**

Learn all about money, from counting it, to saving it, to spending it, to making choices about it. Each class in the five week series will present a story that features a different topic related to money, as well as guidance for parents on talking to their child about money, and ideas to help make earning and saving their money fun. Each week's program is posted at 10:00 am Saturday and is available until 9:00 pm the following Friday, so you can enjoy it as many times as you like!



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Trigonometry	Chemistry	Political Science	-Vocabulary	General Technique	SAT®	Résumés
Pre- & Calculus	Physics		Reading Comp.	Letters	GED®/HiSet®	Interview Prep
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**Tutor.com is available for free with a Cumberland County Library Card. If you don't have a card, pick one up at the library today!**

## **Virtual Programs for Families**

### **Lego Challenge**

Get out your Legos and tune up your imagination! Each Sunday, we'll post a new building challenge, and we want to see your creations as you try to meet the challenge! Fun for kids, parents, or anyone who likes to build!

**Sundays: June 6, 13, 20, and 27 at 1:00 pm**

### **BrainTeaser!**

Tweens and Teens, test your brain power with these tricky conundrums. Each Sunday, we'll post a new puzzle for you to figure out. Come back the following Sunday for the answer, and a new test of your cognitive power!

**Sundays: July 4, 11, 18, and 25 at 1:00 pm**

### **Silly Sundays!**

Find something silly to make you smile, laugh, guffaw, or at least grin! Silly jokes, rascally riddles, and more pun-y fun!

**Sundays: August 1, 8, 15, 22, and 29 at 1:00 pm**

### **Poetry Moments**

Kids of all ages, we invite you to take just a few minutes out of your day to enjoy some poetry, and learn about the different kinds of poetry! Once you've heard the poetry we want to share with you, write your own and submit it in the comments.

**Saturdays: August 7, 14, 21, and 28 at 1:00 pm**

**Follow us on Facebook and Instagram for more family fun all summer long, including Take-and-Make Kits, Lego Challenges, Silly Stuff, Special Day Celebrations, Fun Facts, and more!**

## Teen Programs

### **CrafTeens**

**Fridays, 6/11, 6/25, 7/9, 7/23, 8/6, and 8/20 at 2:00 pm**

**Format: Facebook and Instagram; No registration required**

**Ages: 13-17 years**

Join us as we demo a new and fun craft in each class, just for teens. Projects will feature crafts you can do with easy-to-find supplies, or you can pick up a kit of supplies at the Library!

### **Teen STEAM Challenges**

**Fridays 6/18, 7/2, 7/16, 7/30, and 8/13 at 2:00 pm**

**Format: Facebook and Instagram, No registration required**

**Ages: 13-17 years**

Are you up for a challenge? Think you know something about science, technology, art, or math? Then show us by taking the challenge! We'll post a challenge on Fridays, then you'll have the weekend to complete the challenge and post your response as a comment on our original post. On Monday we'll share the results and the answer (if there is one)!

### **Teen Bingo Challenge**

**Monday, August 2 at 10:00 am through Friday, August 20**

**Format: Facebook and Instagram; Registration required.**

**Ages: 13-17 years**

Teens ages 13-17, we've got a special month-long bingo challenge for you! On Friday, August 2, check in on our Facebook and Instagram feeds to get the link to register for the challenge. You'll also be able to open and print a special Bingo gameboard full of fun and interesting activities for you to complete! Complete Bingo in one line (horizontally, vertically, or diagonally) and get a prize. Complete the whole board to be entered into a drawing for a \$25 gift card for your choice of Leo's Ice Cream, Create-a-Palooza, or Miss Ruth's Time Bomb! Deadline to complete the challenge and submit your entry is August 20, so the sooner you sign up, the more time you have to complete it! The \$25 gift card drawing will be held on August 27.

### **Yoga Teens**

**Wednesdays, 6/16, 6/23, and 6/30 at 11:00 am**

**Format: Zoom; Registration required. [Register Here](#)**

**Ages: 13-17 years**

Are you looking for a way to tone up, but don't want a high impact workout? Have you thought about trying yoga, but didn't want to spend the money? Then this three-class course is for you! Join presenter Ann Fields, founder of Peaceful Poses Yoga, in this class designed just for teens. You'll get a relaxing workout that will also help you build self-confidence, self-compassion, and healthy coping skills for stress and anxiety. We'll learn yoga poses, breathing techniques, and ways to relax our bodies and minds. And it's FREE! Just register once to be sent the links to all three classes.

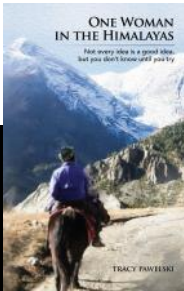
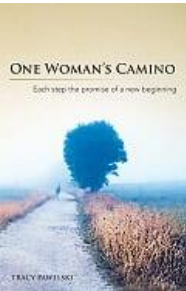
For programs requiring registration you can click "Register Here" inside the program description. You can also call the Library at (717) 243-4642 for assistance in registering.



# Celebrate the Book Series



Professionally, Tracy combines corporate communications experience with a background in politics and public policy. Her career has taken her from the halls of the U.S. Congress to the boardrooms of Corporate America. As the former Vice President of Communications for a global retail grocer, Tracy oversaw strategies for public relations, crisis communications, and community engagement. She managed a charitable foundation committed to the fight against hunger and improving the quality of life for children. Before returning to her roots in Pennsylvania, Tracy worked on national issues in the Office of National Drug Control Policy and U.S. House of Representatives, Washington, D.C. Tracy is an adventure traveler, preferring destinations out of the mainstream and activities that make your heart thump. She has published travel articles on these adventures and written two books about walking across Spain on El Camino de Santiago and trekking the Annapurna Circuit in Nepal. Tracy regularly speaks to audiences large and small about her books, travels and trekking, and women in leadership.



**Featuring: Tracy Pawelski**  
**Format: Zoom**

## One Woman in the Himalayas

**Wednesday, June 2 at 7:00 pm**

**Registration Required: [Register Here](#)**

“One Woman in the Himalayas” recounts Tracy’s journey of unexpected twists and turns on Nepal’s famed Annapurna Circuit, one of the great treks in the world. You don’t have to aspire to walk in the Himalayas to relate to the lessons that Tracy highlights such as adapting quickly to changing circumstances and finding the guts to go on when plans don’t go like you expected. Like Winston Churchill said, “Success is not final, failure is not fatal. It’s the courage to continue that counts.” You won’t want to miss this talk.

## One Woman’s Camino

**Sunday, June 6 at 2:00 pm**

**Registration Required: [Register Here](#)**

Join Tracy as she navigates the challenges and rewards of her journey in her memoir, “One Woman’s Camino” — including the endurance needed to walk 500 miles, the fellow pilgrims she meets along the way, and the internal struggles that come as she searches for answers. Ask Tracy how she walked those 500 miles, and she’ll answer, “One step at a time.” Whether the next step in your life is rewiring your priorities, resetting your course, or reconnecting with your faith, the first step can be the hardest. In Tracy’s talk, you’ll find the inspiration to make each step a new beginning in this uncertain but glorious journey we call life.

Come read, discuss, and learn about Shakespeare this summer! In this course, we will read two plays by Shakespeare: *Macbeth* and *Richard III*. Participants will receive a copy of each play. Designed for newcomers and literary aficionados alike, this course will cover who Shakespeare was, ask why he remains so compelling, and consider what these plays in particular have to say to us today. If you have never read Shakespeare, now is your chance to tackle one of the greatest authors of the English canon in a safe, open, and thought-provoking environment.

**Summers with Shakespeare**  
**Course Instructor:** Jordan Windholz  
**Multi-session course schedule:**  
**Tuesdays:** 6/1, 6/8, 6/15, 6/22, 6/29  
**10:30 am to 11:45 am**  
**Format:** GoToMeeting  
**Registration Required:** [Register Here](#)

Jordan Windholz holds a PhD from Fordham University, an MFA from the University of Colorado, Boulder, and a BA from Messiah College. His scholarly work has been published in *English Literary Renaissance*, *Renaissance Quarterly*, and *Modern Philology*, and his poetry has been published in *Boston Review*, *Best New Poets*, and *The Cincinnati Review*, among other places. His book of poems, *Other Psalms*, won the 2014 Vassar Miller Prize in Poetry. He is an assistant professor of English at Shippensburg University, where he teaches courses on Shakespeare, Renaissance British literature, creative writing, and technical and professional writing. He lives here in Carlisle with his family.

Learn how to prevent hackers from stealing your personal information. Join us for security workshops with Consumer Outreach Specialist George Dillman from the PA Department of Banking and Security.

**Course Schedule:**

August 11: Avoiding scams and identity theft  
August 18: Keeping safe online  
August 25: Staying safe while shopping online

**Safeguard Your Information**  
**Course Instructor:** George Dillman  
**Multi-session course schedule:**  
**Wednesdays:** 8/11, 8/18, 8/25  
**7:00 pm to 8:00 pm**  
**Format:** GoToMeeting  
**Registration Required:** [Register Here](#)

George Dillman is a Consumer Outreach Specialist with the Investor Education and Consumer Outreach Office of the PA Department of Banking and Securities. He has worked for the Commonwealth of Pennsylvania for 12 years and has over 20 years of speaking and training experience.

## **Mindfulness: Embracing Life with an Open Heart**

**Course Instructor:** Toru Sato

**Multi-session course schedule:**

**Saturdays:** 5/29, 6/12, 6/26, 7/10, 7/24, 8/7

**10:30 am to 12:00 pm**

**Format:** Zoom

**Registration Required:** [Register Here](#)

The online Zoom course consists of guided meditations exercises as well as theoretical discussions, stories, poetry, and inspiring quotes about mindfulness.

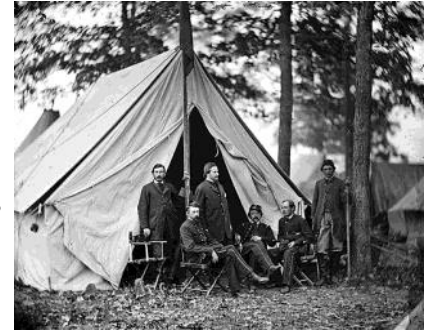
Toru Sato received his Ph.D. in Psychology at York University in

Canada. He currently serves as a Professor at Shippensburg University and is passionate about studying Depth and Transpersonal Psychology (emotions, human relationships, consciousness, & spirituality). He is the author of "Two, One, None: Conversations on Meditations" and "The Ever-Transcending Spirit: The Psychology of Human Relationships, Consciousness, and Development." He has had the privilege to work with numerous individuals on their personal development as a mindfulness coach. He has also had the privilege to facilitate many meditation sessions at Shippensburg University as well as the neighboring community for many years.



### **Major Jonathan Letterman** **On display from June 7 to July 26**

This exhibit explores the life of a Pennsylvania native, Major Jonathan Letterman, whose medical innovations during the Civil War saved numerous lives and continues to influence medicine today in our approach to modern trauma care.



This traveling exhibit was created by the National Museum of Civil War Medicine. It will be on display in Bosler's front lobby.

### **Kids in Vietnam -- Fifty Years Ago** **On display from July 12 to August 22**

Explore some exceptional photos featuring kids in Vietnam from photographer Fred Vigeant. This exhibit will be on display in Bosler's Meeting Room A.



Fred Vigeant went on active duty in April 1970 and was sent to Chu Lai, Republic of Viet Nam in January 1971, as a member of the 23rd (AMERICAL) Infantry Division. He was assigned to be Information Officer of the Americal Division Artillery. Among his subsequent additional assignments were civic action officer and recreation officer. He was responsible for photographing and issuing press releases on soldier promotions, education, awards and other notable achievements within his unit. He additionally had the opportunity to photograph community efforts, including the Medical Civic Action Program (MEDCAPS) and support efforts at local orphanages.



He returned to the United States in November, 1971, with the stand down of the division. Three years ago, he began scanning his Viet Nam negatives and posting some on Facebook, which led to this exhibit. He is a retired high school chemistry teacher and lives with his wife, Anita, in Carlisle.

## Carlisle Institute for Lifelong Learning Legal Track

### **Family Law - Structure of a Dispute and Professionals Involved**

**Thursday, June 10 at 7:00 pm**

**Format: Zoom**

**Registration Required: [Register Here](#)**

This class will present an overview of the structure of a family law dispute and the roles of various professionals. Depending on the situation, you could deal with a conference officer, a master, a judge, a Guardian ad Litem, a conciliator, a mediator, or a business evaluator among many others. Attorneys Anna Knych and Katie Maxwell from Walters and Galloway, PLLC will discuss who these professionals are, how they become involved in your case, and how they may be able to help you. This course is intended for laypeople. Registration is required.

Katie Maxwell is a Cumberland County attorney who has 10+ years of experience in family law. Anna Knych is also a Cumberland County attorney with 3 years of experience in family law. Both are graduates of Dickinson School of Law and reside in Carlisle, PA.



# Carlisle Institute for Lifelong Learning Single Session Programs

## **The Roots of Black Music in America**

**Thursday, July 8 at 7:00 pm**

**Format: GoToMeeting**

**Registration Required: [Register Here](#)**

Learn about the roots of black music in America with a performance by Karlus Trapp!



Songwriter troubadour, multi-instrumentalist producer, music educator and native New Yorker Karlus Trapp has been playing music since the age of five. For the past thirty years he has been spreading joy through his music with his solo and band performances in and around the tristate area of New York. His original music has been used for both network TV and international television markets. His album credits include “Wow,” “S’alright,” and his “Basement Tapes.” Karlus has been performing his “Roots of Black Music” show with Staten Island’s Universal Temple of the Arts Ensemble for over ten years, entertaining and educating thousands of school children and adults alike with this wonderful production.

## **Da Merge - The Freestyle Variety Show**

**Friday, June 4 at 5:00 pm**

**Format: In-person at Bosler**

**Registration Required, limited to 10 people. [Register Here](#).**

Looking for some musical variety? Join Bosler Memorial Library for “Da Merge - The Freestyle Variety Show” on Friday, June 4 at 5:00 pm! Registration Required to Attend.

Capital C is a native of Carlisle and a Field of Screams Rap Battle Champion. In addition to his rap battle success, he has hosted virtual freestyle classes to inspire youth.



## **Music @ Bosler**

**7:00 pm to 8:00 pm**

**No Registration Required**

Join us for these free concerts!\*

**July 23**

**The Austens  
Rock**



**May 28**

**Cumberland Honey**

*Folk* Sponsored by:



**June 25**

**Los Monstros  
Latin**



**August 27**

**The Ruta Beggars  
Bluegrass**



\*All concerts will be live streamed on Bosler's Facebook page.

*The Music at Bosler series is made possible in part with support from concertgoers, and the Arts for All Partnership, a partnership between the Cultural Enrichment Fund and the Greater Harrisburg Foundation, a regional foundation of The Foundation for Enhancing Communities.*

## Origins of A French Specialty - Crêpes

Wednesday, June 9 at 7:00 pm

Format: GoToMeeting

Registration Required: [Register Here](#)

Come learn about the history of crêpes and their meaning in French culture! In this discussion, Assistant Professor Adeline Soldin from Dickinson College will introduce you to early French history, early history of crepes, and a basic recipe for crêpes.

Adeline Soldin has been an Assistant Professor of French and Francophone Studies at Dickinson College since 2015. Her research and teaching focuses on French literature and culture of the long Nineteenth Century, with particular attention given to women's, gender, and sexuality studies; performance theory; visual culture; food studies; and modernism. At Dickinson, she teaches all levels of French including courses on French food culture, women writers, and Belle Époque Paris. She is currently finishing a book on Marcel Proust's *A la Recherche du Temps Perdu*.



## Morning Meal with Mersida

Monday, June 14 at 9:00 am

Format: Zoom

Registration Required: [Register Here](#)

Join us for a wonderful discussion and demonstration of Bosnian cuisine! Mersida Camdzic from Mersida's Market on North Hanover Street in Carlisle will show you how to make burek and dolmas and will discuss some of the history and culture behind these dishes.

Mersida Camdzic was born and raised in Bosnia and Herzegovina. She came to the United States with her husband and two children in 1999. Her first career here was as a CNA in a nursing home and during her time there she enjoyed sharing lunch with coworkers and she quickly noticed that they really loved Bosnian food! Mersida decided to use her experience working in a grocery store to open the international grocery market, Mersida's Market.

"I enjoyed what I do, and the many different people I met throughout the years. Many of my customers have become great friends. We share our life stories and recipes as well." - Mersida Camdzic

## Lunch & Learn: Eating for Immunity

Wednesday, July 14 at 12:30 pm

Format: In-Person at Bosler

Registration Required, limited to 10 people. [Register Here](#)

Learn how to boost your immunity in this Lunch & Learn session! Dietitian Emily Bumgarner from Weis Markets of Harrisburg will introduce immune health, delve into eating habits to boost immunity, and show an example meal plan. There will also be an opportunity to get grab & go lunch bags with immunity-boosting goodies!

Emily Bumgarner, RDN, LDN, is the Weis Markets In-Store Dietitian for the Harrisburg area. She provides nutritional guidance, wellness advice, and more for her community, such as virtual classes and appearances on local television stations. Emily holds a Bachelor of Science degree from the University of Delaware and is currently completing her Master of Health Education degree at Penn State University.

## **Carlisle Institute for Lifelong Learning Single Session Programs**

### **Evening Book Talks - Barbara Conrey and Jennifer Haigh**

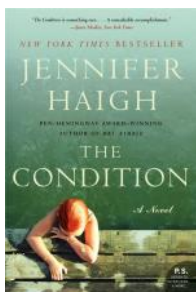
**Thursday, July 15 at 7:00 pm**

**Format: GoToMeeting**

**Registration Required: [Register Here](#)**

An oncologist has dedicated her life to finding a cure for a rare brain cancer. A New England family struggles coming to terms with their daughter's chromosomal condition. Join us for an evening Q & A with authors Barbara Conrey and Jennifer Haigh to learn about family, struggles, and second chances!

Barbara Conrey is the USA Today Bestselling author of "Nowhere Near Goodbye." Before becoming an author Barbara worked in the healthcare industry and in the finance sector. Travel is her passion, along with reading, writing, hiking, and exploring antique shops. Her greatest love is Miss Molly, her rescue beagle. There are stories to be told about beagles, and Barbara hopes to incorporate some of them into her books.



Jennifer Haigh's most recent novel "Heat and Light," won a Literature Award from the American Academy of Arts and Letters and was named a Best Book of 2016 by The New York Times, The Washington Post, The Wall Street Journal and NPR. Previous books include the novels Faith, The Condition, Baker Towers and Mrs. Kimble, winner of the PEN/Hemingway Award for debut fiction. A native of western Pennsylvania, she is a graduate of Dickinson College and the Iowa Writers' Workshop.

### **COVID-19 Prevention: Alzheimer's**

**Thursday, July 22 at 7:00 pm**

**Format: In-Person at Bosler**

**Registration Required, limited to 10. [Register Here](#)**

Debra Boyer from Arden Courts Memory Care Community will offer basic, essential tips which can help prevent persons living with Alzheimer's disease and other forms of dementia from contracting COVID-19. Light refreshments and dementia education brochures will be available for the taking.



Debra Boyer is the Memory Care Advisor at Arden Courts of Susquehanna located in Harrisburg, Pennsylvania. Debra educates, supports and assists families navigating the process of transitioning their loved one into the Arden Courts Memory Care Community. Debra volunteers with the Alzheimer's Association as a community educator and a support group facilitator. Debra believes in the philosophy that the best way to care for someone with dementia is to know who they are beyond their diagnosis.

### **Massage for the Childbearing Year**

**Sunday, June 13 at 2:00 pm**

**Format: GoToMeeting**

**Registration Required. [Register Here.](#)**

Come learn about massage for the childbearing year with our official class on June 13! Licensed Massage Therapist, Camille Baughman, will present massage techniques for before, during, and after delivery. Camille will also show parents basic massage techniques for the babies.

Camille Baughman, BA, MS, LMT has been a massage therapist and teacher since 1986. She has a successful massage practice in Carlisle with five therapists, teaches ethics and communication skills for massage schools, and holds continuing education credits for licensed massage therapists. She is currently a board member on the PA State Board of Massage Therapy.



**Adopting & Fostering During COVID-19****Wednesday, August 4 at 4:30 pm****Format: In Person at Bosler****Registration Required, limited to 10. [Register Here](#)**

Are you looking to adopt and/or foster animals during these times? Come to our presentation by the Humane Society of Harrisburg on “Adopting & Fostering During COVID-19.” Director of Marketing and Outreach, Amanda Brunish, will explain the process of adopting and fostering during COVID-19 and list some local shelters that are looking for pet adoptions and/or fostering. There will be light refreshments and brochures about adopting and fostering from the Humane Society of Harrisburg. Amanda will be joined by Kathy Mina from the Humane Society of Harrisburg.



Amanda has worked at the Humane Society of Harrisburg Area for 2 years as the Director of Marketing and Outreach. Previously, she has done marketing for organizations in a variety of fields including thermal engineering, children’s museums, and hospitals. In her spare time, Amanda is kept busy by her two dogs and six cats.

**Genealogy Classes****Format: Zoom****Registration Required. [Register Here](#)**

Whether you are a genealogy expert or a beginner, our one-hour presentations on DNA testing and genealogy research can help you understand the basics of DNA and its use in genealogy. Presented by Eric Migdal, owner of It’s All Relative Genealogy LLC.

**Understanding Your DNA Matches****August 12 at 6:30 pm**

Learn about DNA testing companies and what you may find after getting tested. Also how to research your family to verify matches and tips to build family trees based on those matches.

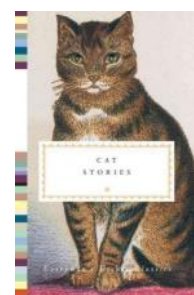
**DNA & Use in Genealogical Research****August 19 at 6:30 pm**

Learn how DNA is used in research, the types of DNA tests and key research tools, how ethnicity is broken down, and key research tools.

Eric Migdal holds over 25 years of experience in the genealogy field, including coaching clients in safely and effectively contacting family members, understanding their DNA match results, and analyzing their ethnic backgrounds.

**Virtual Adult Poetry - Black Cats****Sunday, August 15 at 2:00 pm****Format: YouTube****No Registration Required.**

Join Community Relations Assistant, Natalie, for this virtual poetry storytime! Natalie will be reading “Black Cat” by Patricia Highsmith and sharing stories about her own black cat!



## **Take-Home Instrument Kits**

**Available: June 1 to June 30**

Create your own instrument with our D.I.Y. kits! Instruments range from tin can drums to mini mandolins! Each kit will contain a CD, paper instructions, and some extra goodies. Participants are encouraged to share their creations on Bosler's Facebook page with the hashtag #BoslerInstruments. Participants will also be entered into a drawing for a special prize.

Starting June 1, call our Community Relations Department at (717) 243-4642 extension 2226 to reserve your kit.

## **Create-A-Podcast**

**Wednesday, July 7 at 4:30 pm**

**Format: Facebook**

Learn how to create your own podcast! A video tutorial and written instructions will be available on Bosler's Facebook page and website on Wednesday, July 7 at 4:30 pm. During the video participants will be issued a challenge to create their own podcast with a special theme! Those who complete the challenge will be entered into a special drawing for an exciting prize and have their podcast featured on Bosler's Facebook page.

## **D.I.Y Constellation Cards**

**Available: July 10 to July 31**

Learn about the constellations with this D.I.Y. constellation card activity! Each kit will contain supplies, instruction cards, and some extra goodies. Participants are encouraged to share their creations on Bosler's Facebook page with the hashtag #BoslerConstellations. Participants will also be entered into a drawing for a special prize.

Starting July 10, call our Community Relations Department at (717) 243-4642 extension 2226 to reserve your kit.

For programs requiring registration you can click "Register Here" inside the program description. You can also call the Library at (717) 243-4642 for assistance in registering.

## **Virtual Adult Storytime**

**Format: YouTube**

**No Registration Required**

Keep an eye out for Adult Storytimes this summer read by Genevieve, Bosler's Outreach Assistant! In June, we enter the future, or possible future, through the realm of science fiction. We crash back to Earth in July, where we learn a little more about our weird world through some interesting non-fiction facts! Finally in August, figures lurk behind every corner and there's someone at the window, watching us as we read through some thrillers! All stories will be posted to YouTube and announced on Facebook.



# Thank You!

The Bosler Memorial Library thanks its  
2021 SummerQuest Sponsors

## SPONSORS

Primary Sponsor

## Jerry and Ellen Hair Foundation

Additional Support provided by:



Support for the SummerQuest was also provided by UGI Utilities, Inc., Pennian Bank, PPL, and Weis Markets, Inc., through the Cumberland County Library System Foundation.



Bosler will be closed on May 31, July 4, and July 5.  
Bosler will open at noon on July 14.

**Bosler Memorial Library**  
**158 West High Street**  
**Carlisle, PA 17013**  
**717-243-4642**  
**[www.boslerlibrary.org](http://www.boslerlibrary.org)**

**Monday through Friday**      **10am to 9pm**  
Information Services and Youth Services Departments  
close at 8:45pm. Library doors are locked at 8:55pm.  
**Saturday**      **10am to 5pm**  
Information Services and Youth Services Departments  
close at 4:45pm. Library doors are locked at 4:55pm.  
**Sunday**      **1pm to 5pm**  
Information Services and Youth Services Departments  
close at 4:45pm. Library doors are locked at 4:55pm.  
*Member of the Cumberland County Library System*

**Get Social with Bosler!**

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PA **FORWARD**

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