

February 19, 2020



News from Bosler Memorial Library

Check out this month's issue for information about a new tutoring resource, lots of upcoming programs for different ages, new library board members, and the 2020 Census.

[Visit our Website](#)

tutor.com™

A Service of **The Princeton Review®**

The Cumberland County Library System recently signed up for this great new resource now available to all library card holders for free! [Tutor.com](https://www.tutor.com) provides access to live, online tutoring and resume help as well as thousands of academic and career resources.

It is for K-12 and college students who need help with homework, studying, projects, essay writing and test prep in every subject, including algebra, statistics, chemistry, physics, social studies and English.

It is for adults who need help with job searches, GED prep and academic support.

All sessions are online with professional academic or career tutors, who are fully-vetted and qualified expert tutors and career coaches in over 60 subjects and test prep areas.

Library cardholders and visitors in the library can work with an online tutor 7 days a week between the hours of 12 PM and 12 AM.

Other resources available include:

- 24/7 access for drop-off reviews of writing assignments, cover letters, resumes and math questions
- 440+ proprietary video lessons for math and English language arts fundamentals as well as AP® Biology, Calculus, U.S. History, and World History
- The Princeton Review SAT/ACT Essentials with practice tests, drills, video lessons and full score reports and practice tests for GMAT®, GRE®, LSAT® and MCAT®;
- 100+ practice quizzes for ASVAB, math, science and English

[Learn more](#)

Destination Moon

Exhibit on display until March 23

Stop in and take a look at our newest poster exhibit from The Smithsonian Institution Traveling Exhibition Service.

This poster exhibition explores what led the United States to accept President Kennedy's challenge of "landing a man on the Moon and returning him safely to the Earth." The exhibit examines the mission and recognizes the sacrifices and devotion of more than 400,000 people employed in the NASA programs who worked through the trials, tragedies, and triumphs of the twenty missions from 1961 to 1969 before Apollo 11.



Paw Prints on Our Heart

February 23, 2:00 pm

For many of us, our pets are loved like family, and the grief that we feel when a beloved pet dies can be immense. This pet loss workshop, conducted by Ruth Rudderow, a certified pet loss bereavement specialist, will discuss what it means to grieve the death of a pet and provide suggestions of ways to learn to live with your loss.

Program is free and open to all. No registration is required.



Health and Finance for Preschoolers?

That's right! Two new programs being offered this spring in the Youth Services department will teach preschoolers the beginnings of health literacy and financial literacy.

Pennies in My Pocket introduces preschoolers to the idea of money, from recognizing different coins, to counting it, to the concepts of saving, spending, and making choices about money. Offered on Friday mornings during Session Two of our Youth Services programming, each week will feature a story about a financial concept, along with hands-on activities or crafts that will help children learn to understand that concept or practice it at home. Session Two runs from February 24 to March 29, and registration is now open.

Young Health Explorers: Your Senses invites preschoolers ages three to six to become explorers of a different sort, as we look at the five senses. Held on Tuesdays in Session Three, each week will feature stories and activities about a different one of the five senses, as well as adding another page to a flip book of the senses that children will create over the course of the program. Session Three runs from April 6 to May 10, and registration will open March 23.

For more information, including program times and registration information, check out our [Growing Learner's Library Spring 2020 booklet](#).

Music@Bosler Presents Buffalo Mountain Bluegrass

February 28, 7:00 pm

The Buffalo Mountain Bluegrass Band consists of the home schooled sister and brother duo, Autumn and Canyon Moore. They have been performing together since 2008, and they play a variety of music styles including, but not limited to, Bluegrass, Gospel, Civil War, Patriotic, Country, Irish, Canadian, and Scottish. The duo performs regularly at a variety of venues, and they are excited to share their love of music with others.

Music@Bosler concerts are always free and open to the public. No registration is necessary.



Support for the Music at Bosler series is made possible in part by the Arts for All Partnership, a partnership between the Cultural Enrichment Fund and the Greater Harrisburg Foundation, a regional Foundation of The Foundation for Enhancing Communities.

[Learn more](#)

Bosler Board of Directors Welcomes Two New Members

Manal El Harrak has lived in the Carlisle area for the last seven years. Currently employed as the CEO of Sadler Health Center, Manal has a B.S. in Industrial Engineering and an MBA, as well as a wide range of experience in non-profit management. A resident of North Middleton Township, she and her children are avid library users. Manal is the Chair of the Board's Strategic Planning Committee.

Clare Garfield has lived in the Carlisle area for the last fourteen years, currently residing in Middlesex Township. She has an M.A. in English Literature and more than 25 years of experience in fundraising. In addition to being an avid user of the library, Clare has been involved with Bosler and the Friends of Bosler in many ways, including as a STAR volunteer, Bookery volunteer, and ad-hoc member of the Board's Development Committee. She is also a member of Lila's Legacy Society.



2020 Board of Directors:

Front row (left to right): Hope Miller, Manal El Harrak; Second row: Katherine Fitz-Patrick, Lillian Wong, Ardee Adams, Clare Garfield, Katie McFarland; Back row: Chuck Bussard, Sherwood McGinnis; Not pictured: Stephanie Chertok, Courtney Hair LaRue, Al Masland



Riff this Movie!

Next showing: March 6, 6:00 pm

Join us as we showcase some of Hollywood's worst B-list movies, and in the style of Mystery Science Theater, we invite you to riff on the movies while watching them! Jokes, sarcastic comments, and humorous commentary are welcome! Free popcorn is also provided!

Upcoming showings:

March 6 – Konga

April 3 – Mac & Me

May 1 – Starship Troopers

Movies are free and open to all. No registration required.

Free Movie Showing

Resilience: The Biology of Stress and the Science of Hope

March 18, 5:30 pm at the Carlisle Theatre
(free registration required; includes dinner at 4:30)

March 21, 1:00 pm at Bosler Memorial Library
(no registration required)

March 22, 2:00 pm at Bosler Memorial Library
(no registration required)

The Carlisle Resilience Collaborative invites you to attend one of a series of showings of the documentary film, *Resilience: The Biology of Stress and the Science of Hope*. The documentary examines the science of adverse childhood experiences (ACEs) and the birth of a new movement to treat and prevent toxic stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on

FREE FILM SCREENINGS

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

"THE CHILD MAY NOT REMEMBER, BUT THE BODY REMEMBERS"

The Carlisle Resilience Collaborative invites you to a free viewing of this nationally acclaimed documentary that explores how toxic stress can put children at greater risk for disease, homelessness, prison time, and early death.

Wednesday, March 18, 2020 • 5:30 p.m. Resilience Film Screening
Carlisle Theater, 40 West High Street

4:30 - 5:30 p.m. Dinner & Networking
5:30 - 7:00 p.m. Resilience Film Screening
7:00 p.m. Discussion & Resources

Attendance is limited by film license.

Please register online at www.pinnaclehealth.org/resilience

Attendees receive a complimentary copy of the best-selling book
The Power of Well: Identifying the Long-Term Effects of Childhood Adversity

Written by pediatrician Nadine Burke Harris, M.D.

Bosler Memorial Library, 158 West High St, Carlisle • Library Meeting Room

Preregistration not required. Doors open 30 minutes prior to film start.
Saturday, March 21, 2020 • 1:00 p.m. Film Screening & Discussion

Sunday, March 22, 2020 • 2:00 p.m. Film Screening & Discussion



Carlisle Resilience Collaborative is a multidisciplinary group of organizations and individuals committed to understanding the effects of early childhood trauma, creating a safe and supportive environment for community dialogue, and discovering solutions that inform and inspire a trauma-informed community.

Bosler Memorial Library, Carlisle Area Chamber of Commerce, Carlisle Area School District, Carlisle United Methodist Church, Central PA Family Support Services, CPH (Community Planning Resiliency) of the Harrisburg Region, Cumberland Perry Office of Mental Health, Intellectual and Developmental Disabilities, Early Intervention Specialists, LLC, First United Church of Christ, S.A. N.D.S. Graduate, Resilience, Institute, Drexel, Support Support Group sponsored by UPMC Carlisle, Hope Station, Partnership for Better Health, Seiler Health, South Middlesex School District, Summer Program for Youth (SPY), United Way of Carlisle and Cumberland County, The Foundation for Enhancing Communities, and UPMC Pinnacle.

health and behavior. In addition, ACEs can have lasting impacts that include academic failure, suspension/expulsion, criminal activity, and incarceration.

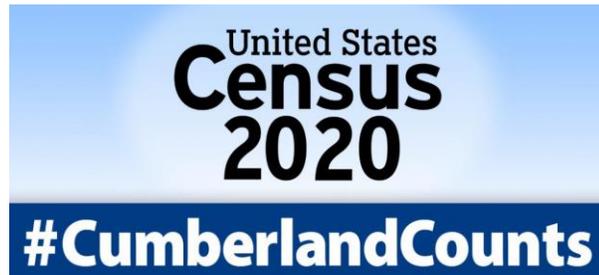
As communities across the country grapple with the long-term effects of childhood trauma and its lasting effects, this documentary is being shown in an effort to open a community-wide dialogue about trauma, resilience, and the critical role organizations and individuals can play in creating a trauma informed community.

Register online at www.pinnaclehealth.org/resilience for the Wednesday, March 18 event. There is no registration for the Saturday, March 21 or Sunday, March 22 showings.

[Learn more](#)

2020 United States Census

The census takes place every 10 years, and the data acquired provides the basis for distributing more than \$675 billion in federal funds annually to states, counties, and communities across the country. That money supports vital programs that impact housing, education, transportation, employment, healthcare, and public policy.



For the first time, households will have the option to complete the questionnaire online. And, starting on April 1st, Bosler Memorial Library will have a "Census Center" set up for residents to fill out the questionnaire here at the library.

Make sure that you and your family get counted so that Cumberland County can receive the federal funds we deserve!

[Learn more](#)

Zombie Attack!

*April 4, 6:00-8:00 pm
Adults only (18+)*

Zombies have infiltrated the library! As the undead roam the stacks looking to feed, the survivors will have to search and find the clues to escape. Register for this exciting program today!

When registering, participants will either select to represent the Zombies or the Survivors. Coming in costumes and make-up is greatly encouraged!

To register (required), please call the Information Services Department at 717-243-4642 ext. 2237.



Dining with William Penn (rescheduled from last fall)

April 7, 2:00 pm

Explore the foodways of the famous English Quaker William Penn with visuals of his favorite beverages and seasonal bill of fares. This presentation will bring the audience to the Bake and Brew of Pennsbury Manor to show the preparation techniques and finished products. Presented by Susan McLellan Plaisted.

Susan McLellan Plaisted, MS RD CSP LDN, is the Proprietress of Heart to Hearth Cookery, a food history business based in Bucks County, Pennsylvania. She offers demonstrations of 17th century through 19th century Colonial American and European cooking methods, practices, and receipts (recipes), as well as pre-European-contact and post-European-contact Native American foodways. Her repertoire ranges from open pit, through down hearth, raised hearth, and cookstove cooking.



As the director of foodways at Pennsbury Manor, the recreated 1680's home of Pennsylvania's founder, William Penn, Susan directs a skilled team of foodways volunteers in the accurate presentation of 17th century food, ranging from cheese making to the sugared delicacies of the banqueting table.

Program is free and open to all. No registration is required.

Family Camp-In

On Saturday, February 15, the Youth Services Department at Bosler hosted our third annual Family Camp-In. Four families participated, with 7 children and their parents spending the night in the library.

Arriving and pitching their tents at 7:00 pm, children ages 2 to 12 enjoyed a variety of activities during the evening hours, including crafts such as rock painting for the Wee Rock Garden and making sugar scrubs; experimenting with science at some water-related Discovery

Stations; enjoying hot chocolate and s'mores-on-a-stick while listening to stories and poems; and, making photo frames for a special memento photo taken of each family. Then came the call for "lights out" at 10:30 pm, and everyone tucked into their tents for a good night's sleep, until reveille woke all up at 7:00 am Sunday. A light breakfast was enjoyed as families cleared their campsites, all campers received this year's souvenir "I survived the Library Camp-In" button, and we closed Camp Bosler for another year.



Bosler Buzz

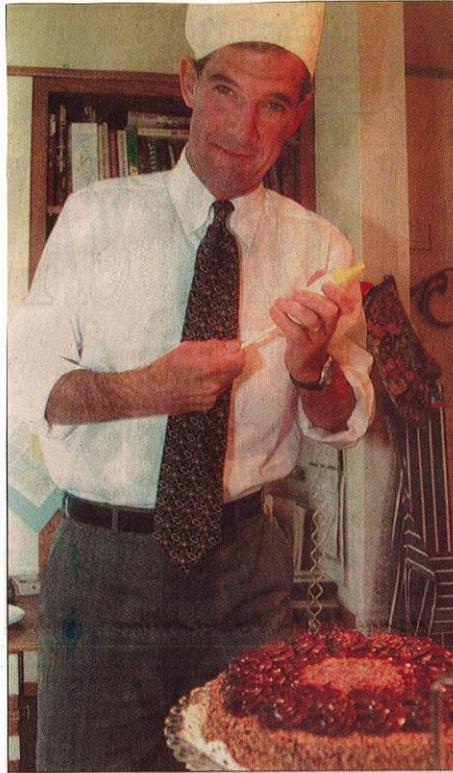
Check out the [February episode of the Bosler Buzz](#), with all kinds of information about our new Tutor.com resource that's available to you for free with your Cumberland County library card.



Bosler Library Through Time

A look back at one of the Friends of Bosler Celebrity Baking events! Former State Representative, now Judge, Al Masland prepares to decorate his cake!

Judge Masland is also a current member of Bosler's Board of Directors.



Al Masland, State Representative, R-199. Jeffrey Lows/The Sentinel

Upcoming Library Closings

April 12 - Easter Sunday

April 15 - Staff Meeting

May 25 - Memorial Day holiday



Bosler Memorial Library | 158 West High Street, Carlisle, PA 17013